



Hellingly Highlights



#KeepingItLocal

Autumn 2024

Hellingly Dog Park

Find out more on page 8

Community Orchard

Find out more on page 10

Hellingly Parish Council Grants

Find out more on page 12

Charity Fundraising Event

Find out more on page 38

Published by

CommunityAd
communityad.co.uk

Delivered Free to Every Home In The Parish



01843 834160



info@communityad.co.uk



www.communityad.co.uk

CHOOSE

WHAT YOU WANT, WHERE YOU WANT,
AND WHEN YOU WANT IT!



Book your
advertising now

www.communityad.co.uk/product/magazine-advertising





Hellingly Highlights

CONTENTS

A Message from the Clerk	4
Responsibilities of the Councils	6
Hellingly Dog Park update	8
Grant Awarded for Community Orchard	10
ESFRS Fire Cadet Awards	10
East Sussex A-Level Exam Results	12
Hellingly Parish Council Grant	13
In Memorial: Adrian Hickman	14
Young @ Heart	14
Chair's Report	16
The Friends of Hellingly Church	18
Ukraine Appeal Update	20
Hellihubs Parent & Toddler Group	21
Seasonal and Simple Summer Recipes	23
Summer Holiday Activity Days	24
Wealden Police	26
Halloween Activity Sessions	28
What's On at The Hub	30
Sussex Wildlife Trust Wasp Spider	32
Parish Council Contacts	34
Coffee Time	36
Charity Day at The Hub	38

Front cover photo by Kent Banes on www.unsplash.com



- 🌲 HEDGE CUTTING 🌲 TREE PRUNING
- 🌲 REDUCTIONS 🌲 TREE REMOVAL
- 🌲 CROWN LIFTS 🌲 CROWN THINNING
- 🌲 TREE PLANTING 🌲 STUMP REMOVALS

Tel: 07931 880 007

Email: FDTREESURGERY@GMAIL.COM



Home Improvements Specialists

Tel: 01323 870677

Mob: 07808 922005

info@castle-care.co.uk

Established 1987

PLEASE SUPPORT LOCAL BUSINESSES

A big thank you goes out to all the local businesses that have advertised and supported the Hellingly Parish Council Magazine.

To advertise please call 01843 523030

Published by **Community Ad Web Ltd**
www.communityad.co.uk

01843 834160 info@communityad.co.uk



Supporting the
REBUILD OF BRITAIN



Keeping it Local

To view our T&C's, please visit our website

Why Shop Local?

- ✓ Help strengthen local economy
- ✓ Create more quality jobs
- ✓ Reduce impact on climate change
- ✓ Keep the community unique
- ✓ Receive better service
- ✓ Encourage local prosperity
- ✓ Support local charities and community groups



CommunityAd
communityad.co.uk

#KeepingItLocal

A message from the Clerk



Hi Everyone

I hope you all had a great summer. It was a truly fabulous time for sport and the Olympics were absolutely fantastic. Unfortunately, the outcome for the Euro's wasn't as we hoped, and nor was the cricket, but never mind, better luck next time!

Since the last edition, one of our groundsmen, Adrian Hickman very suddenly passed away in May. He will be hugely missed by us and so many, see page 14 for our tribute.

We've been very busy with finally transferring the public open space and play areas on the Burfield Grange development. We will be working on many improvements over the coming weeks, please be patient with us as there is a lot to do.

On the 9th July, Southern Water came to the Hub to host a presentation to residents on the drainage improvements they will be carrying out over the next 5 years. The first stage started at the end of July and they are very keen to resolve most, if not all of our flooding issues as soon as they can.

The Community Hub is now a regular NHS Blood donation venue. The NHS is appealing for people to come forward as there is an increased demand for blood after stocks dropped. It really is an amazing thing to do and only takes an hour of your time.

Appointments can be made on the NHS app to find dates that suit you. We still run the FREE community clubs every week at the Hub – Hellihubs for babies & toddlers every Monday 8.30am-10am and Young at Heart over 55's Group every Monday 10:30am-12. No need to book just come along. The Youth Club also runs every Wednesday evening. We will be running another Halloween Activity Day in the October half term – see details on page 29.

Staff update – we would like to say a huge thanks to one of our Caretakers, Ruth, who has sadly left us, thank you so much for all your hard work, we will miss you Ruth! We would like to introduce you to our new Groundsman Andy Sievwright, good luck and welcome aboard!

Finally, as we approach the winter months, the Hub still has a Foodbank basket in our reception area and we are also a donation point for the Ukraine front line, currently collecting medical supplies and dog food. Any donations are always gratefully received.

Thank you all so much!!

Jenny Hoodless
Parish Clerk

Hellingly Parish Council Est. 1894

The Parish Council delivers a range of services on behalf of the community. The council provides a community hub, a country park, play areas, allotments, a cemetery, sport pitches with pavilions and a recreation ground which we are currently in the process of extending.

We also provide consultation on planning applications and grants to community organisations.

For more information on the work we do, take a look at our website

www.hellingly-pc.org.uk or join the Hellingly Parish Council facebook page for all the latest news.

Millcroft & York Lodge Care Homes

Millcroft Residential Home

We care for you as an individual. Millcroft is a Residential Home for the elderly. It is situated in the village of Horam. Our aim is to provide each resident with a caring and secure environment and the means to live life to the full extent, with privacy, independence and dignity.



York Lodge Care Home
Specialising in Dementia Care. York Lodge Rest Home assures residents and their families of the highest standards of care and consideration that the proprietors and staff are able and trained to provide quality care.

Millcroft Residential Home

Vines Cross Road, Horam, East Sussex, TN21 0HF
mc.manager@millcroftyorklodgcarehomes.ltd
Tel: 01435 812170 | Fax: 01892 652884

York Lodge Rest Home

3 Myrtle Road, Crawborough, East Sussex, TN6 1EY
yl.manager@millcroftyorklodgcarehomes.ltd
Tel: 01892 661457 | Fax: 01892 652884

www.millcroftyorklodgcarehomes.ltd

MDJ ACCOUNTANTS

We offer a full range of accountancy services tailored to your needs - to help establish and grow your business.

Free consultation to new clients.

Landlords & managing agents welcome.

A6 Chaucer Business Park,
Dittons Road, Polegate, East Sussex BN26 6QH
Telephone 01323 646477

Email post@mdjservices.co.uk

To advertise please call

01843 523030

or email

info@communityad.co.uk



27 years in business, serving the people of Hailsham with honesty, reliability and integrity

www.treadsofhailshamtyres.co.uk

GREAT TYRES, GREAT ADVICE, GREAT PRICE



Whether you're worrying about wear on your brakes or just need your tyre pressure checked, Treads of Hailsham have a service to suit you. With almost 30 years in the industry, we're expert car mechanics for every kind of vehicle repair including:

Wheel Alignment • Tyre Replacement • Puncture Repair
Exhaust Maintenance • Brake Testing

Diplocks Way, Hailsham, East Sussex, BN27 3JF

01323 847 993 | treadshailshamltd@gmail.com

River Mead Nursery



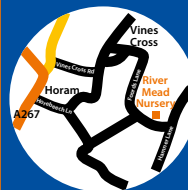
for a wide selection of...

Indoor & Outdoor Plants

Fruit & Ornamental Trees

Home Grown Seasonal Vegetables

Shrubs & Herbs



our opening times

21st October — 20th March are

Mon-Sat 8.30am-5pm

and 21st March — 20th October are

Mon-Sat 8am-5.30pm

01435 813353

www.rivermeadnursery.co.uk

Foods Lane, Vines Cross, Horam, TN21 9HB

Responsibilities of Councils

Main Functions of the County, District, and Parish Council.



	County	District	Parish
Highways Maintenance	✓		
Traffic & Road Safety	✓		
Transport Development	✓		
Transport Planning	✓		
Grass Cutting	✓		
Drainage	✓		
Street Lighting & Traffic Signals	✓		
Winter Maintenance - Gritting	✓		
Trading Standards	✓		
Waste Disposal.	✓		
Register of Births, Deaths and Marriages.	✓		
Libraries	✓		
Adult Social Care	✓		
Youth Development	✓		
Footpaths	✓		
Planning and Building Control		✓	
Council Tax, Council Tax Benefit and Business Rates		✓	
Environmental Health		✓	
Leisure Services		✓	
Business and Tourism Support		✓	
Housing and Housing Benefit		✓	
Elections		✓	
Land Charges		✓	
Waste Collection and Recycling		✓	
Car Parking		✓	
Conservation Areas		✓	
Building Preservation Notices		✓	
Tree Preservation		✓	
Acquisition of Land for Planning & Development		✓	
Planning		✓	
Planning - Development Control (National Parks)		✓	
Planning - Development Control (Ordinary)		✓	
Planning - Advertisement Control		✓	
Planning - Listed Building Control		✓	
Allotments			✓
Street Lighting			✓
Bus Shelters			✓
Cemetery - North Street			✓
Play areas and recreation grounds			✓
Removal of graffiti		✓	
Dog hygiene bins		✓	
Grit bins	✓		



South East Driveways
for a free no obligation quote contact us today.

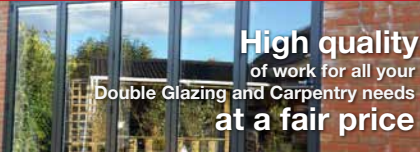
We don't just offer driveway surfacing, we also offer a wide range of services for both domestic and commercial customers including paths & patios, road surfacing, excavation work and ground work. We have many years' experience in this industry and we can offer honest advice to help you find out what driveway surface, or one of our many other services that we offer, suits your business or residential property.

- Driveways
- Entrance & Crossovers
- Excavation Work
- Ground Work
- Paths & Patios
- Road Surfacing





01323 841 121
07889 892 962
www.southeastdriveways.uk

High quality
of work for all your
Double Glazing and Carpentry needs
at a fair price

DOUBLE GLAZING

- Replacement of windows and doors in UPVC, aluminium and timber
- Service and repairs to your existing double glazed windows (e.g. replacement of old misted glass units, broken handles & hinges)
 - Re-trim & seal old windows
- Install UPVC Fascia, Soffit and Guttering - full replacement or cap over
- Install new or replace sliplap cladding in PVC or timber


CARPENTRY

- Hang doors, fit door liners, architrave, locks, handles, skirting etc
- Custom built in wardrobes/shelves, build flat pack furniture etc
 - Stud walls, insulation board, plasterboard
- Build garden sheds, summer houses, garden decking etc
 - Fit curtain poles and blinds
 - Replace kitchen/bathroom silicone
 - Install new kitchen units/doors

All jobs considered - big or small

Ray Wicker
DOUBLE GLAZING

Please contact Ray Wicker:
M: 07960 503 844
E: raywicker@hotmail.co.uk



Plumbing & Heating in Eastbourne, Hailsham and the surrounding area

Dee'n Jay
plumbing & heating
Kitchens / Bathrooms



★★★★★

Services we provide:

- Boiler Installations
- Heating Upgrades/Breakdowns
- Kitchen Design & Install
- Bathroom Design & Install
- Chemical Power Flush
- General Plumbing

No quotation charge or callout fee,
only a friendly honest service with years of experience

info@deenjayplumbing.co.uk
www.deenjayplumbing.co.uk
07812 105075
01323 848755




Hellingly Dog Park update

For most 16-year-olds July signifies the end of school, GCSEs are over and the long wait for results on 22nd August has begun.



It is a chance to relax, unwind, spend time with friends and family and kick back until September, when the next stage of their education starts. Many are starting their first jobs, hoping to earn a little money of their own for the first time.

The same is true for Isabel, creator of our fabulous

dog park here in the country park. Izzy has joined a small group of teens who opt to start their very own business, launching Barks and Baths Dog Washing Service at The BIG Barn just south of Hailsham on 29th July.

Izzy has always had a passion for dogs and has dreamed of becoming a dog groomer for many years, designing and building the Hellingly Dog Park with help from family and local residents three years ago. From September she will be studying Animal Management at Plumpton College, and her course requires her to complete work experience in a pet-related business. What better way than to start your own, and she has already got a head start. As she cannot complete the necessary course to become a full dog groomer until she is 18, she has started with a washing, dry and brush service.

She has been training for over a year with Andrew at Hot Dogs Grooming in Hailsham, where she has washed and dried dogs of all breeds and sizes. Some of her favourites are

the larger breeds, including huskies and German shepherds, but she is just as happy with any dog, and wishes to specialise with nervous dogs. For first timers and nervous customers, Izzy is offering for the owner to join in the experience with their dog too.

Along with her family and local residents, Izzy continues to maintain her dog park for the benefit of the whole community. Earlier this year, obstacles were repaired and repainted, new weave poles and the existing signposts were concreted in place and wood chip was replenished, once again donated by Laurence Hawkins Tree Surgery. Most recently the A-frame was removed, having sustained damage and it is hoped to be replaced at some point in the future. If anyone would like to help with maintaining the dog park, please get in touch via the Facebook page [facebook.com/HellinglyDogPark](https://www.facebook.com/HellinglyDogPark). If you would like to bring

your dog to Izzy for a bath and pamper session, please message her via her website www.barksandbaths.co.uk or on [07498 962961](tel:07498962961).





SHERWOOD

Roofing Contractors

Est. 1948

Quality craftsmanship
for over four generations

Pitched Roofing Flat Roofing Guttering Works

Office: 01323 831 617

admin@sherwoodroofing.co.uk

www.sherwoodroofing.co.uk



☎ : 01435 864422

✉ : vets@heathfieldvets.co.uk

🌐 : www.heathfieldvets.co.uk



Caring for all your pets

- ✦ Make use of all of our services
- ✦ See the same experienced vets every time
- ✦ Access our gold-standard medical and surgical facilities
- ✦ Get support and advice from our highly-trained support team
- ✦ Receive tailored care, unique to your pet

Register Online



Blackstock
COUNTRY ESTATE

What's On

A truly intimate country venue in beautiful Sussex

Blackstock Country Estate is a beautiful countryside wedding & events venue including celebration of life set in the rolling South Downs of East Sussex.



Blackstock Country Estate wedding fair - Sunday 6th October 11am - 4pm

Blackstock Country Estate wedding showcase - Sunday 13th October 11am - 4pm

Murder Mystery evening - includes a 3 course meal followed by tea & coffee - 19th October 6pm - 11pm

Moonstone Murder Mysteries and Blackstock Country Estate present an evening packed with plot-twists, suspicious suspects and plenty of red herrings along the way! Tonight, you are the detectives & it's your job to crack the case before it's too late. But can you catch the killer? To book tickets to our Murder mystery, barn dance & comedy nights please visit our website or contact venues@blackstockestate.co.uk

Barn Dance - 2nd November Ticket includes entry to the dance & a buffet 6pm - 11pm

Comedy night - 23rd November - 6pm - 11pm

Christmas party nights - Dates available 30th November, 6th, 13th, 20th & 21st

December - This includes an arrival drink, 3 course festive meal, half a bottle of wine per person & DJ until midnight

01323 848 006 | www.blackstockestate.co.uk | Grove Hill, Hellingly, BN27 4HF

Grant Awarded for Community Orchard

Hellingly Parish Council have been successful in obtaining a grant from Wealden District Council to plant a community orchard.



This will be located in the Country Park next to the Allotment Gardens and will consist of apple, pear, plum, cherry and nut trees. Our grounds team will be preparing the ground and planting the trees.

As this will be a community area, the fruits will be given to local groups to eat and cook with including our Young @ Heart club, HelliHubs, Hellingly Youth Hub and any left will be for our residents to collect from the Hub.

I am looking for enthusiastic members of the parish to join us and form a working party

with our grounds team to help with the initial planting of the trees and installing wildlife protection, ongoing maintenance, pruning and harvesting of the fruits.

If you would like to be involved in the community and love the outdoors, (older children are welcome to join with their parents/carers), please contact me on deputyclerk@hellingly-pc.org.uk or call on **01323 449415**.

I look forward to working with you.

Tracy Dean

Deputy Clerk and Clerk to the Grounds Committee.

ESFRS Fire Cadet Awards

The annual Fire Cadet award presentation took place at Hellingly Community Hub this July.

On Thursday 18th July East Sussex Fire & Rescue Service welcomed their Fire Cadets, parents/carers and distinguished guests, including the High Sheriff, Lucinda Fraser, Master of the Worshipful Company of Firefighters, Prof. David Holt, and Sister Mary Joy Langdon BEM – the first female firefighter in East Sussex and the UK, to the wonderful Hellingly Hub to celebrate their achievements over the last year.

Susan Taylor, Partnership & Engagement Manager and Cadet Leader said: "The evening was a warming celebration of the profound achievements our Fire Cadets have made over the last year. We heard about a Cadet who went from being anxious and lacking confidence, to being confident speaking in front of hundreds of people, we heard of another Cadet who had intervened to save the

life of a person at a train station, and we heard multiple stories of Cadets supporting each other to achieve their goals."

Fire Cadets is open to children aged 13-17 and there are units at Uckfield, Eastbourne and Bexhill Fire Stations. Anyone interested in joining is encouraged to e-mail firecadets@esfrs.org for more information.

East Sussex Fire & Rescue Service offers free Home Safety Visits for eligible residents. To find out more, visit www.esfrs.org/HSVs



Based in
Hailsham and
covering all
of Sussex



Beacon Design Services

Planning and Building Reg Architectural
Services for New Builds and Extensions

Contact us on: 07787 501626
for a competitive quote



To advertise please call
01843 523030
or email
info@communityad.co.uk

THE PET FOOD SHOP

Quality Food & Accessories for
Your Furry Little Friends

- Great Value & High Quality Own Brand Pet Food
- Loyalty Card for Added Value!
- Wide Range of Frozen Products
- Good Range of Pet Beds
- Burns - Skinners - Natural Instinct - Fish4Dogs
Natures Menu - James WellBeloved
Plus Many More!
- Many Varieties of Wild Bird
Food & Feeders
- Online Shop with Click & Collect
in store or Local Delivery



Tel: 01435 864 652



Email: petfoodshophealthfield@gmail.com

www.petfoodshophealthfield.co.uk

Station Approach, Healthfield, TN21 8LG (Opposite Sainsburys)

We're Hiring



1st CALL AGENCY
LOCUM DENTAL NURSES

07907368681

agency1stcall@outlook.com

For all your staffing
needs.

Sensitive Soles

Mobile Foot Health Professional



Lauren Southam MAFHP MCFHP

Treatments include:

Nail cutting Hard skin
Fungal nails Calluses
Corns Split heels
Ingrowing toenails

07456 535373 | lnsoutham85@hotmail.co.uk

J.H. PAYNE

& SONS LTD
BUILDING CONTRACTORS

With over 40 years of building experience

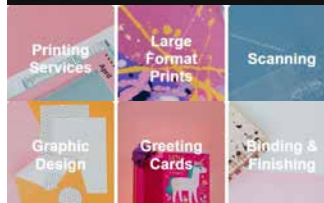
- Conversions • Extensions • New Builds
- Refurbishments • Improvements

Telephone: 01323 841532

Website: www.jhpayne.co.uk Email: enquiries@jhpayne.co.uk
Bolneys Units, South Road, Hailsham BN27 3NU



LeBureau



Large Format
Scan, Copy &
Print to AO+
Giclee
Posters
Canvas
Binding
Flyers
Postcards
Business Cards
Laminate
Mount

01273 480950 — business@le-bureau.co.uk

www.lebureau.co.uk

Congratulations to East Sussex students as A-Level exam results announced

Council leaders have praised the efforts of young people across East Sussex as they receive their A Level, Technical and Vocational qualifications today.



Cllr Bob Standley, lead member for education and inclusion, special educational needs and disability at East Sussex County Council, said: "On behalf of the County Council, I would like to congratulate East Sussex's post-16 students on their hard work and determination. Our young people were well prepared for their examinations, and this is reflected in the results that they have received today."

"It is wonderful to see the achievement of our students in East Sussex and it's a huge credit to their diligence and dedication to their studies. We also want to thank our teachers and tutors in our colleges, sixth forms and training providers, who have supported young people as they have worked towards these qualifications. Our congratulations to them all.

"The commitment shown by students across East Sussex will provide them with a solid foundation on which to continue their studies

and build their future careers. I'd like to wish them the best of luck in the future.

"As we celebrate success in East Sussex, we know that not everyone will have the results they wanted today, and we encourage all to make use of the available resources to help navigate their next steps."

Parents and young people can contact their school or college for advice on the next steps available. The Youth Employability Service also has information available for 18-year-olds at www.cxk.org/resources/east-sussex-18-resources





ASPEN
AIR CONDITIONING
& HEAT PUMPS



Heat Pumps provide energy efficient heating, hot water and can also provide summer cooling

call us on **01323 849955**
www.aspen-ac.co.uk

£7500 grant & zero VAT*



DAIKIN
Business Partner

Panasonic
heating & cooling solutions



*conditions apply



Hellingly Parish Council Grant

Applications for 2024 are now open.

Applications are to arrive by 31st October 2024, from organisations active in the parish or whose activities are of potential benefit to Hellingly residents. Applicants should contact the Deputy Clerk either by email (deputyclerk@hellingly-pc.org.uk) or telephone **01323 449415** to request an application form. The application form is also on our website for downloading at www.hellingly-pc.org.uk.

Grant Application – Guidance Notes

1. The Parish Council, when considering grants, will give priority to those groups and organisations which can demonstrate that other fund-raising efforts have been made.
2. Grants will normally only be given towards specific items of expenditure – i.e. equipment or capital projects.
3. Requests for grants must be accompanied by either accounts, or business plan if a new organisation or group.

4. Grants will not be made for retrospective projects.
5. Grants will not normally be made available to commercial or national organisations, statutory bodies or groups from outside the parish unless there are identifiable benefits to residents of the parish.
6. All successful applicants will be required to complete an End of Grant Report Form. This will be sent out with the approval letter. Copies of invoices & receipts will be required.

Organisations who have previously received grants will also need to re-apply. Applications should be addressed to: The Deputy Clerk, Hellingly Parish Council, Hellingly Community Hub, The Drive, Hellingly, BN27 4EP or emailed to deputyclerk@hellingly-pc.org.uk

In Memorial

Adrian Hickman

28/12/1968 – 03/05/2024

Adrian was a devoted groundsman at Hellingly Parish Council for 4 years and spent his working day nurturing and preserving the beauty of our Country Park.

Adrian's work was not just a job; it was a labour of love that left an indelible mark on our country park and all who had the pleasure of knowing him. Adrian had just completed work on building a set of steps at the bottom of Hellingly Country Park at Roebuck Park with handrails to make it easier for people to access the area. He took such pride in this job and the steps will be a great memorial to him.

Beyond his skills and hard work, Adrian was a kind and gentle soul. He greeted everyone,

human and K9 with a warm smile and was always ready to lend a helping hand. We came to rely on him, not only for his work in the grounds but the way he would willingly step in as a caretaker. Over the Christmas break Adrian volunteered to come to check on the Community Hub every day.

He was willing to help at our community events and was our go to person for arranging foliage. Adrian will be truly missed by us here at the Parish Council, not just as our colleague but also our friend.



Young @ Heart

The Young at Heart over 55's Social Group is a FREE Group who meet up every Monday from 10:30am-12:30pm at the Community Hub.



We have activities planned every week such as bingo, quizzes, games and talks and there's always a cuppa and biscuits available too. We have had many organisations come in and give talks or demonstrations over the last 3 years.

In July, we invited the lovely people from Wiltshire Farm Foods. It was a very interesting talk, and they brought along samples of foods for everyone to try which went down very well. Wiltshire Farms are based in Westham and have been around for over 25 years and can deliver frozen meals to

your door. In August we had Chris Campbell-Dykes from Hailsham Flower Club to give a demonstration on flower arranging, which was enjoyed by all.

We are always looking for new ideas, so if you know any organisations who would like to come and give a talk (usually for about half an hour) please get in touch with Sue on sue@communityclubs-pc.org.uk or call us on **01323 449415**





Tiling • Slating • Complete re-roofs

- Lead work • Flat roofs
- Roof repairs

- Chimneys lowered or rebuilt
- UPVC Fascia and Soffits

10% OFF when you mention the Hellingly Parish Council Magazine

Feel free to explore our website at www.accrbs.co.uk or take a look at our comments at www.checkatrade.com
Call Jason today on 01323 659448 or 07955 511400
Email jason@accrbs.co.uk



OUR SERVICES

- Domestic Cleaning
- End Of Tenancy Cleaning
- Housekeeping
- De-cluttering
- After-party Cleaning
- Office Cleaning

**FULLY INSURED
CRB VETTED
FLEXIBLE
DETAILED &
RELIABLE**

Tel: 07922534237 Email: mail@dadedcleaningservicesltd.com

DJ DOMESTICS

CALL US TODAY TO DISCUSS YOUR REPAIR ON
freephone 0800 23 43 409

WE CAN REPAIR ALMOST ALL DOMESTIC APPLIANCES
including washing machines • dryers
dishwashers • fridges • freezers
electric cookers • microwaves

established since 1989

**Claim your FREE
online business
listing on the
CommunityAd
business
directory today!**



Get your business listed and help direct more locals your business.

Simply sign up here:

www.communityad.co.uk/add-your-business





Chair's Report

Public Open Space & Other News.

Public open space is any piece of land, both hard surfaced or green space, which is freely accessible to the wider community for recreation, use and enjoyment. It could be a village green, equipped playground, local park or public roads and footpaths. Previously such areas have almost always been owned and maintained by the local council, the Church, the education authority or some other publicly accountable body. Where local councils own the space it is maintained by the Council and its upkeep paid for through local rates (Council tax). With the advent of large estate developments, in the twentieth century, large new areas of open space have been created and the question has arisen as to who should own, and who should maintain, the space.

Where the spaces are of benefit solely, or primarily, to a small number of properties, for example private roads or amenity space for the use of adjoining dwellings, it is not unreasonable that the upkeep should be the responsibility of the properties that they serve. However, where the space is available for the use and enjoyment of the wider community it is only sensible that the area should be owned and maintained by the local authority.

In recognition of the wider public use the practice developed of the developer being required to offer the space to the local council together with a cash payment (a dowry) to offset the maintenance costs for an initial period. However, developers quickly came to realise that they could avoid the dowry by transferring the public open space to an estate management company with the ability to raise estate management charges from the houses on the developments and a whole new industry has arisen of estate management companies created specifically for the purpose. The practice varies from developer to developer. Some transfer the ownership of the estate management company to the residents

on completion of the estate, but others choose to keep the ownership private.

Hellingly Parish Council believes that the council should own public open space. The Council is therefore happy to take ownership of the public open space on the **Burfield Grange** development with a commuted payment of £200,000 to offset future maintenance costs. The transfer does not cover all of the open areas on the development as some of these such as the private roads and the area of ancient woodland do not afford access to the wider public. Those areas will continue to be administered by an estate management company and the costs of maintenance covered through an estate management charge. However, the estate charges should be considerably less than might otherwise have been the case.

In addition to completing the transfer of the public open space on the **Burfield Grange** development the Council continues to work with Southern Water and others to reduce the risk of flooding within the Parish. We will never completely alleviate the flooding in the village but we can prevent the sewer floods in Station Road and Park Road and we can work with County Highways to alleviate the surface water floods that are affecting many of our other roads such as New Road, the A267, and the A271. Southern Water has announced a programme of relining the main sewer in Park Road and Station Road, and of diverting the sewer flows from the new Swingate Park development away from the Park Road sewer in addition to the series of non-return valves already inserted in the Station Road sewer.

County Highways has been encouraged to clear blocked culverts and increase the clearance of road gullies. There has been a marked reduction in road floods, but more can be done.

The Council is also embarking upon a review of the Neighbourhood Development Plan. The review has been delayed as a result of the General Election and the need to see what changes central government intends to impose on the area. One thing is clear is that there will be no reduction in the requirement on Wealden to continue to deliver an ever-increasing number of new homes across the District.

However what Government seems to ignore is that District Councils do not build houses and if they really want to address the failure to deliver, they should tackle the developers and require them to build out the permissions already granted (some 8000 in Wealden) before insisting on blighting even more green spaces by granting yet more consents. It is difficult to see where more houses could be built in Hellingly without damaging the environment that so many of us appreciate but I expect property speculators will have their own ideas. We may have successfully defended the appeal on the land south of the A271 near the Boship, but I suspect that a revised scheme will be

proposed! However, it is encouraging to see a planning inspector placing reliance of those Neighbourhood Plan policies designed to prevent the coalescence of Lower Horsebridge, Lower Dicker and Hailsham and to preserve the Cuckmere Valley corridor as a valued green space and ecological corridor. The Council is also continuing to work on the improvements to the Lower Horsebridge recreation ground. The immediate priority has been to open the space up for carparking (which has been done) thereby alleviating the pressure on the adjoining roads. The next stage is to deliver the improved playing spaces.

As always, the Parish Council continues to meet at the Community Hub every second Wednesday of the month, except August, and as an open, transparent, and accountable council, everyone is welcome to attend to raise with us matters of concern, or just to see local democracy in action!

David G White

Chairman
08.08.24



Meet **Laura Mitchell** from our Hailsham office.

Whether you're thinking of writing a will, need to update your existing will or simply want some advice, Laura can help.

HART READE
Solicitors

www.hartreade.co.uk

lmitchell@hartreade.co.uk

01323 841 481

The Friends of Hellingly Church

Stand Firm

When my little great grandson visits there are usually little rituals to go through and this includes playing the game “Ring-a-ring-a-roses, a pocket full of poses, attishoo, attishoo, we all fall down”.

Then, the second verse, “the cows are in the meadow eating buttercups, attishoo, attishoo, we all stand up”. Obediently, the family circle falls down and stands up again, firm.

The Friends of Hellingly Church come to my mind sometimes during this game, conversely that the church will not fall down and will stand firmly upright if we make the effort to ensure it does so.

It is not only a place for Christians to worship in, it is part of our heritage. If only the walls could speak, what tales they would tell? We would be spellbound. That, is why we have to treasure it, keep it standing firm. People tell me that when they have visitors, they take them for a walk to the village and show them

round the church. Yes, it belongs to all of us, to show off.

House owners always have their hands in their pockets; something to be mended, something to be replaced. If that is for a house, think of the cost for a large building that is over eight hundred years old! YES, good friends are needed indeed.

Now how about becoming one? Signing up to be a Friend? Joining the circle that keeps the old church building standing up and not falling down? For more information please email ronaldchatwin@hotmail.com

Two events: one past and one to come arranged by The Friends.





The Clock is Back!

After a rather lengthy process that began before lockdown our church clock is back.

Made by JW Benson of Ludgate Hill, London, the clock was installed in 1837 in the new church tower. Its installation marked the Accession of Queen Victoria to the throne. In 1886 a second dial was added as a memorial to the late Lord Pelham, Earl of Chichester.

The dials face all weathers and the condition was rapidly deteriorating. The gilt numerals and hands were fading and losing their gold



leaf. The decision was taken to restore the dials, dial motion works and associated linkages. The best proposal for the work included removing the clock

from the tower, dismantling the movement completely to clean and re-polish the bearings and gear teeth and replace the weight lines with new stainless steel cable.

The Cumbria Clock Company removed the clock and west dial in August 2023 with the east dial being restored in situ. The west dial was returned in March 2024 with the movement returned and east dial re-gilded in July 2024. The clock now chimes once again as it has for the last one hundred and eighty years and the freshly gilt dials glow in the sunshine!

The work was made possible by a single donation of £3,000, a £500 grant from the Parish Council with the balance raised by The Friends of Hellingly Church. The restoration acknowledges the dedication of Bryan Hesselgrave who for over 35 years wound and looked after the clock.



Pip, Friends of Hellingly Church

On 29th June the Ducdame Theatre Company gave a performance of Shakespeare's AS YOU LIKE IT in the churchyard. It was a perfect occasion in every way: performance, tea-party, weather - yes, the weather! The event raised £2,144.

6th- 8th December, The Friends stage the ever popular FESTIVAL OF CHRISTMAS TREES in the church. If you would like to advertise your business, club or school you can do this by sponsoring a tree and decorating it for the festival. The Friends provide the tree and afterwards the tree is yours. For more information please contact Teresa Butler on **01323 845652**

Lest we forget
Ronald Chatwin
Chairman, Friends of
Hellingly Church



Ukraine appeal update

In the last edition of the Highlights we made an appeal for donations of dog food for the dogs who have been taken on by the frontline soldiers in Ukraine.

We are pleased to say that we received several donations and the food has now arrived safely in Ukraine. Thank you to everyone who kindly donated.

As the winter months approach us, supplies are still in desperate need. If you would like to donate dog food or any medical supplies, such as pain relief, bandages and antiseptics, the Community Hub office is a drop off point during office hours Monday-Friday.



Photos by Stan Szczotka



SLE Electrical Services Ltd

General Electrical Work:
Expert services for both
domestic and
commercial properties.



Consumer Unit Replacements:
Starting from just **£550**, ensuring
your electrical system is safe and
up to date.

Electrical Installation Condition
Reports (EICR): Comprehensive
inspections starting from **£90**

**Same Day
Call-Outs: Fast,
reliable
service when
you need it most.**

07429 379495 • 01323 653742

Sle.electrical@yahoo.co.uk / www.sle-electrical.com

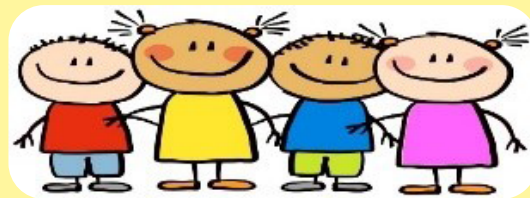
Hellihubs Parent & Toddler Group

Our pre-school group The Hellihubs is going from strength to strength and we are seeing new members come along each week.

It is a FREE Group run every Monday morning (except bank holidays) at the Community Hub from 8.30am-10.00am. There's no need to book, just come along and make new friends, have a cuppa and let your little ones play.

Hellingly Parish Council like to help the community as much as possible and we invited a lovely lady 'Sarah Marie Photography' to come along and do a photo session for the Hellihubs babies/toddlers. Everyone looked like they had a lot of fun and all the sessions went well. For a summer holiday offer, we gave the members a £5 voucher towards their photos.

We would like to thank Sarah for coming along and making this possible. If you have any questions about our Hellihub group, please feel free to get in touch with Sue on email sue@communityclubs-pc.org.uk or call us on **01323 449415**.





Do something amazing today! Become a Demelza volunteer

At Demelza, we want life to be the best it can be for children who have serious or life-limiting conditions – for their families and for all those who love them. With services across Kent, South East London and East Sussex, we help children explore their creativity, have fun and make memories. We offer activities and therapies, sensory spaces, outdoor areas and even a hydro pool in Kent for families to enjoy.

Volunteer Opportunities

Retail: Do you enjoy meeting people? Do you have a talent for delivering fantastic customer service? Join our team in our local community charity shop on Hailsham High Street.

Practical support: If you're handy with a paintbrush, a mop or a lawnmower, you could help a family with anything from DIY and dog walking to deep cleaning and everyday tasks.

Driving support: Help take families to and from appointments, or to the hospice, where they can make precious memories. Our volunteer drivers also help deliver equipment, therapy bags and treats for families in the local area.

Volunteer here



Find out more at:

01795 845170
demelza.org.uk

Registered Charity No. 1039951

**Sign up
today**

Seasonal and Simple Summer Recipes

From juicy stone fruits to crisp green beans and succulent summer squash, these recipes are designed to inspire and delight.

In this issue, we're excited to present four mouthwatering dishes that celebrate the best of August's harvest. Let's dive into the kitchen and create some seasonal magic!

GRILLED AUBERGINE AND PEPPER SALAD

Ingredients

2 large aubergines, sliced into rounds
2 red peppers, sliced into strips
1 yellow pepper, sliced into strips
2 tablespoons olive oil
Salt and pepper, to taste
100g feta cheese, crumbled
Fresh basil leaves, to garnish

Instructions

1. Preheat the barbecue or grill to medium-high heat.
2. Brush the aubergine slices and pepper strips with olive oil and season with salt and pepper.
3. Grill the aubergine and peppers for 5-7 minutes on each side, or until tender and slightly charred.
4. Arrange the grilled vegetables on a serving platter.
5. Sprinkle the crumbled feta cheese over the top.
6. Garnish with fresh basil leaves.
7. Serve the grilled aubergine and pepper salad warm or at room temperature.

SUMMER SQUASH AND GREEN BEAN STIR-FRY

Ingredients

2 tablespoons olive oil
1 onion, sliced
2 cloves garlic, minced
2 summer squash, sliced
200g green beans, trimmed
2 tablespoons soy sauce
1 tablespoon honey
Salt and pepper, to taste
Sesame seeds, to garnish

Instructions

1. Heat the olive oil in a large frying pan or wok over medium heat.
2. Add the sliced onion and minced garlic, and sauté until softened.
3. Add the summer squash and green beans, and stir-fry for 5-7 minutes, or until tender-crisp.
4. In a small bowl, mix together the soy sauce and honey.
5. Pour the sauce over the vegetables and toss to coat evenly.
6. Season with salt and pepper to taste.
7. Garnish with sesame seeds before serving.
8. Serve the stir-fry hot with rice or noodles.

With these recipes, August's seasonal produce shines in every dish, bringing fresh and vibrant flavours to your table. Enjoy the best of summer with these easy and delicious home-cooked meals! Happy cooking!

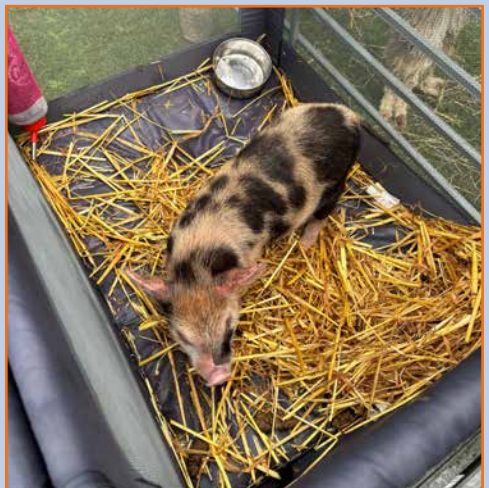
Summer Holiday Activity Days

What a great start to the summer holidays with our first activity day at the Lower Horsebridge Recreation Ground taking place.



We started on a damp note but soon the sun came out and the children enjoyed the fruit and ice pops to keep them cool. This year we went for something different and invited Ark

Animal Encounters along and 1066 Falconry. We were able to offer FREE entry into the farm as Hellingly Parish Council were nominated by MADL (Making A Difference Locally) for an award 'The Heart of the Community'. We were very grateful to receive this award as it enables the Parish Council to continue to support the Community during the summer holidays. Ark Animals brought along donkeys, ponies and sheep which they lead around the grounds.



There were also goslings and ducks which the children could hold and interact with. 1066 Falconry came along giving displays with their beautiful birds of prey. We would like to thank all the organisations who came along to entertain the children including Freedom Leisure, Hailsham Library (Rhymetime), Hellingly Youth Hub, Eastbourne & Hailsham Karate, Hellingly Rugby, East Sussex Fire & Rescue Service, our local PCSO's and Tesco for a donation towards the fruit. At the time of this article going to print the second Activity Day



scheduled for 21st of August would hopefully have taken place (weather permitting) with Wild Science entertaining the children, inflatables and much more! Look out for our next Activity Sessions that will be at The Hub on Wednesday 30th October (Halloween themed). Please see the flyer in the Highlights on page 29



YOUR LOCAL LEGAL EXPERTS



Barwells Solicitors
Est. 1896

Offering a full range of legal services.

- Residential Conveyancing
- Wills & Power of Attorney
- Probate & Administration of Deceased Estate
- Management of Personal Affairs
- Commercial Law
- Settlement Agreements
- Litigation
- Divorce & Family Law
- Personal Injury

Offices in:

Peacehaven ☎ **01273 582271** Newhaven ☎ **01273 514213** Hailsham ☎ **01323 814010**

Eastbourne ☎ **01323 411505** Seaford ☎ **01323 899331**

 **www.barwells.com**  **admin@barwells.com** Follow Us: 

Wealden Police

Recent Reports

ASB DRIVING AROUND HELLINGLY

Following recent reports from residents involving bikes being driven and used in an anti-social manner across areas of South Wealden, residents will be pleased to hear Officers have identified those involved and taken action.



Local PCSOs Davidson and Nicoll located the bike and it's rider along Station Road, in Hellingly, on Thursday 18th July. After conducting enquiries, and vehicle/driver related checks, the

bike was seized under Section 165 of the Road Traffic Act due to having no tax, no insurance and no number plate, a 12 year old was taken home by Police and spoken to.

Based on previous reports and descriptions, we suspect that this same bike was being used across the areas of Horsebridge, Hellingly and Hailsham - specifically the Country Park off Gleneagles Drive.

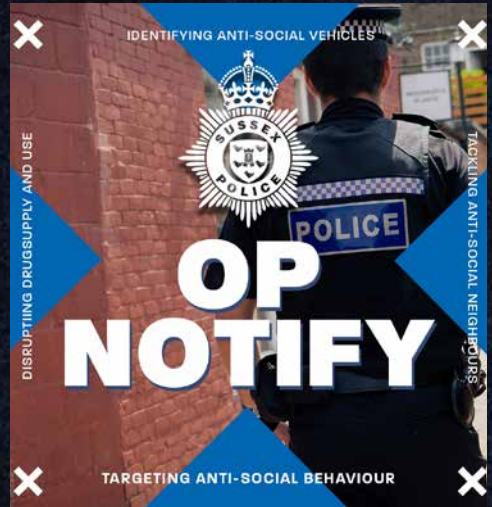
We'd like to thank the public for their support and reporting in helping us locate and identify those involved; we continue to work tirelessly to prevent and deter anti-social behaviour across the district as well as continue encouraging residents to report any incidents.

NEW POLICE OPERATION TO CRACK DOWN ON ASB LAUNCHES

We are very pleased to introduce 'Operation Notify'; an operation designed to crack down on all anti-social behaviour (ASB) whether it be vehicle, drugs, neighbourhood, or youth related.

ASB is an ongoing concern across a number of areas, and is something our officers work hard to tackle and deter on a daily basis.

Operation Notify is a new Wealden Police



initiative that will see dedicated patrols at dedicated times across the district, and will launch on the weekend of 26th July.

Working varying shifts between the hours of 3pm and 11pm, 'Op Notify' teams will be out and about across the district, and will be contactable on the mobile number **07500 108147**, to help enable quick and direct reporting of anti-social behaviour by communities witnessing any ASB (outside of these times residents are asked to call **101** or **999** in an emergency).

Results and updates from 'Op Notify' will be shared via our Sussex Alerts newsletter, and on our social media, both of which residents can sign up to/follow using the links below. blue light rider from Thames Valley Police.

DOZENS MORE INDIVIDUALS ARE BEGINNING A NEW CAREER WITH SUSSEX POLICE

Did A further 36 individuals were welcomed to the force at a recent attestation ceremony, following on from the 67 new starters in January and 59 new starters in April.

The event was held on Wednesday 26th June at East Sussex National Hotel. Of the



36 new recruits, 13 are following the Police Constable Degree Apprenticeship entry.

Meanwhile 13 are joining the Police Constable Entry Programme, and ten are joining the Detective Constable Degree Holder Entry Programme. Chief Constable Jo Shiner said: "I am delighted to welcome another 36 officers to the force, and I am confident they will help us to continue to achieve our priorities of protecting communities, catching criminals and delivering an outstanding service.

"Sussex Police is a diverse and inclusive workplace, and these individuals should know that they will be valued and supported as they progress their careers with us.

"While they may come from a variety of different backgrounds, it is clear that they share one thing in common: a desire to make a difference.

"I am honoured they have chosen to represent our force and I wish them every success.

SUSSEX ALERTS – POLICE EMAILS

Did you know you can sign up to email alerts from your local Wealden Neighbourhood Policing Team?

These alerts include; justice done, crime spates, campaigns, investigation updates, witness appeals, meet us in-person events and more...

Alerts are specific to your interests and local area; from reliable sources; and you're in control of how often you are contacted and who you receive information. Visit www.sussexalerts.co.uk to sign up today.

STAY IN TOUCH WITH YOUR LOCAL TEAMS

You can find and follow your Wealden Neighbourhood Policing Team on either Facebook or Twitter for updates on recent patrols, community meetings, good work, arrests and more...

Facebook: www.facebook.com/WealdenPolice
X (Formerly Twitter):

www.twitter.com/Wealden_Police



Why Shop Local?

- ✓ Help strengthen local economy
- ✓ Create more quality jobs
- ✓ Reduce impact on climate change
- ✓ Keep the community unique
- ✓ Receive better service
- ✓ Encourage local prosperity
- ✓ Support local charities and community groups



CommunityAd
communityad.co.uk

#KeepingItLocal

**Limited
spaces**

**HELLINGLY PARISH
COUNCIL'S**

**Limited
spaces**

**HALLOWEEN
ACTIVITY SESSIONS**

Wednesday 30th October

10am - 12pm

&

12:30pm - 2:30pm

At Hellingly Community Hub

The Drive

Hellingly

BN27 4EP

Suitable for children under 10 years

£2 for Children (Under 1's & Adults are FREE)

**Bookings open 23rd September details to follow on
our Facebook page and at
www.hellingly-pc.org.uk**



What to do in the garden in September

September is here, and there's plenty to be done while you're outside enjoying the last of the year's warmth.

Harvesting crops will keep you busy this month, and there's plenty of work to do tidying and maintaining plants and equipment.

Read on for a list of garden jobs to get on with this month:

Timely Tips

September isn't the time to take your eye off the ball in the garden. Here are some of the main jobs:

- Net ponds now before autumn leaf fall gets underway to reduce the amount of debris entering the water.
- Clean out cold frames and greenhouses ahead of autumn sowing and growing.
- Plant spring-flowering bulbs now, such as daffodils, crocus and hyacinths, for glorious colour next year.
- Keep on top of weeds as they compete with your crops for nutrients and water.

In the flower garden

- Continue to feed and deadhead hanging basket and container annuals — they will often keep going until the first frosts.
- Keep deadheading annuals and perennials to extend their performance.
- Prune any late-summer flowering shrubs, such as the rock rose (*Helianthemum*).
- Prune climbing roses and rambling roses once they've finished flowering (unless they are repeat-flowering varieties, in which case leave them until later in the year).

In the vegetable garden

- Start planting garlic sets at the end of the month for cropping next year.
- Plant autumn onion sets this month.
- Plant out any spring cabbages, like 'Advantage', sown during the summer.
- Pot up some mint and parsley for the kitchen windowsill for fresh herbs through the winter.

Looking after your lawn

- Create a new lawn from turf or seed — autumn weather is favourable for good lawn establishment.
- Raise the height of your mower blades as grass growth slows down.
- Carry out essential lawn maintenance to avoid waterlogging and compaction.
- Apply a special lawn top-dressing after carrying out maintenance work. Follow the instructions on the packet carefully.
- Feed your lawn with an autumn fertiliser which is rich in potassium and low in nitrogen.

Other jobs about the garden

- Improve clay soil before it becomes too wet or frozen by incorporating organic matter and/or horticultural grit.
- Create compost bins in preparation for all the fallen leaves and dead plant material which you'll be collecting over the coming months.
- Raise pots off the ground for the winter by using bricks or 'pot feet', to prevent waterlogging.
- Install water butts to collect rain this autumn and winter. Rain water is great for watering ericaceous plants such as blueberries, rhododendrons and camellias.

Gardening tips supplied by Thompson & Morgan. For a full list of what to do in the garden in September and beyond please visit their website: www.thompson-morgan.com/in-the-garden-this-month



Thompson & Morgan

® Experts in the garden since 1855

What's On @ THE HELLINGLY COMMUNITY HUB



MONDAYS

Hellihubs – 8:30am – 10am

A FREE Parent & Toddler Group run by Hellingly Parish Council

Come along and make new friends, have a cuppa and chat while your little ones play. No booking required, just pop along.

Pilates with Jen @ 9:30am

Contact Jen Piper on **07958 519168**

or email **jen4pilates@aol.com**.

Website: www.jen4pilates.co.uk

YOUNG @ HEART over 55's Social Group 10:30am-12:30pm

'A FREE Group for the over 55's who are young at heart'. Refreshments, Quizzes, Bingo, Activities, Games, Talks and light exercise sessions. No need to book, just come along for a cuppa and make new friends.

Zumba Gold with Kiera @ 11:00am

Contact Kiera Mission Fiit at

kiera1.chambers@hotmail.co.uk

YOUNG @ HEART over 55's light exercise class with Kiera @ 11:45am

Talk & Tea

A FREE support Group for all ages run by The Bodle Street Ladies

Second Monday of every month

Contact Fiona for more information

Tel: **07733 408394**

Boot camp Fitness class with Daniel pt @

6:00pm-6:45pm (OUTSIDE IN FROM MAY – OCT)

Contact Daniel James on **07882 511602**

Pilates with Jen – 2 evening classes @ 6:30pm & 7:30pm

Hailsham Nightingales Women's Institute

– 3rd Monday of every month from 7 -10pm.

Contact Katy Layer on

kelvinkaty@googlemail.com

Hellingly Bowls Club & Bingo Evenings

Email: **joy.norman@hotmail.com**

Tel: **01323 843990**

TUESDAYS

Baby Ballet – Tuesday mornings (Term Time)

Contact –

hailshamandlewes@babyballet.co.uk

Tel: **07842 244210**

Zumba with Kiera @ 6:30pm. Contact Kiera Mission Fiit at

kiera1.chambers@hotmail.co.uk

Hellingly Women's Institute - First Tuesday of every month @ 2:15pm. Contact Lorraine

Sparrowhawk on **07854 967934** or email

Ldsparrowhawk@yahoo.com

Short Mat Bowls - 7.30pm – 10.00pm

Contact Ann Robinson **01323 318696** or email

ann-robinson1@sky.com

WEDNESDAYS

Hellingly Youth Club

School years 6-8 – 6:15pm -7:30pm.

School years 9 -11 - 7:45pm - 9:00pm

Contact **www.hailshamyouthservice.org**

THURSDAYS

Hartbeeps - 9:30am – 2:00pm (Term Time only) Classes for babies and toddlers featuring music, puppets, laughter and fun.

Contact **kim@hartbeeps.com** or

www.hartbeeps.com

Pilates with Jen – 2 evening classes @ 6pm & 7pm

Pilates with Dorota – @ 6:30pm

Contact **dorota.anna.jozwiak@gmail.com**

Hailsham and Hellingly Ladies Social Club

- 7:30pm-10pm. Contact Shirley Thomas on

01323 507670.

Hailsham Photographic Society

7:30pm-10:00pm (from Sept – May).

Contact

www.hailshamphotographicsociety.co.uk

FRIDAYS**Pilates with Jen** @ 9:30am**Pilates with Dorota** @ 9:30am**Stretch, Flex & Tone** @ 9:45am

A light exercise class for the over 60's with

Jenny West. Contact Jenny

@ jenny_cloisters@yahoo.co.uk orTel: **01323 848216****SATURDAYS****Pilates with Jen** @ 9:30am**Happy Jacks Soft Play sessions** Saturday morningscontact happyjackseastbourne@gmail.com

DATES - 21st September, 26th October,

23rd November & 14th December

SUNDAYS**Hellingly Church 'FREE' Messy Church afternoons** - 3:30pm-5:00pm

DATES - 8th September & 10th November 2024

Please join our facebook page for all the latest information @ **hellingly community club****The Hellingly Hub's 'book swap' Library** is open Monday – Friday 9:30am - 4:00pm

Pop in and swap your old books for a new one

**** NEW CAFÉ OPEN **** – A new café has opened in Hellingly at The Roebuck Park Cricket Pavilion in The Hellingly Country Park.**The Cricketers Café** - is open Tuesdays, Wednesdays & Fridays (& Saturdays coming soon) from 8:00am – 4:30pm.

Serving hot & cold drinks, cakes, cookies, sandwiches, bacon rolls, beans on toast & scones, with vegan and gluten free options available on some items.

**Do something amazing
Give blood****HELLINGLY
COMMUNITY HUB IS
NOW A BLOOD
DONATION CENTRE****To book please go to**www.blood.co.uk**4th Oct, 11th Oct, 18th Oct,
25th Oct, 1st Nov, 15th Nov****Your local blood
donor centre is
closer than you
might think.**If you're the **giving type**
book now at blood.co.uk

Wasp Spider by Michael Blencowe for Sussex Wildlife Trust

I never thought I'd say this, but I've fallen in love with a spider. And coming from a lifelong arachnophobe that's quite a claim.



Wasp Spider ©Neil Fletcher SussexWildlifeTrust



Since then they have slowly spread across Sussex and you can find them in any areas of grassland. Here inside their long grass lair, they weave their silky circular webs which – like all spider webs – are a masterpiece of arachnoid architecture. As if proud of her accomplishment the Wasp Spider autographs her web with a unique silken squiggle. The actual purpose of this thick zigzag flourish (the 'stabilimentum') is a mystery; although some believe it reflects UV light, luring in pollinating insects who mistake the web for a flower.

Whereas every other spider species sends me screaming in utter terror, the Wasp Spider has melted my heart. They are gorgeous. I met one on the South Downs last weekend and, hypnotised by her beauty, I spent hours with her; lying in the grass, staring lovingly into her eight eyes.

Wasp Spiders' rotund abdomens are delicately patterned with exotic black, yellow and white stripes. Every Wasp Spider looks subtly different – as if each has been individually hand-painted. Their eight legs wear stripy black and white stockings – the sort favoured by the Wicked Witch of the East. This stripy, waspish appearance has given the spider its name and is used as a defence mechanism to ward off predators who equate this colouration with being stung.

They're a relatively new resident in England. The first British Wasp Spider was found near Rye in 1922.

Male Wasp Spiders don't have it easy. Physically they lack any snazzy patterning and at 5mm are a third of the size of their hulking female counterparts. And when it comes to spider sex, she dominates the male too. During mating she turns her lover into lunch. So, as the female lies enticingly in her web, the male approaches her with understandable trepidation. It's all about timing.

After she slips out of her old exoskeleton and into something more comfortable, her fresh body is temporarily soft – and so are her jaws. This is her Achilles heel, an opportunity for the male to jump in, do his business and get out before being eaten. This sort of pressure would affect any fellas' performance, but the male Wasp Spider has a trick up his eight sleeves: he can detach his sexual organs, leave them inside the female and scarper.

Wasp Spider ©Victoria Hume SussexWildlifeTrust

I always assumed that jettisoning his genitalia allowed the spider to survive, but almost every mating session ends in death for the male. Scientists have found that after this self-imposed castration, the spider's sexual organs keep on fertilising the female and block other males' attempts at mating. The spider sacrifices his own life to save his member and ensure he becomes a father. Wow, what a way to go.

Sussex Wildlife Trust is a conservation charity for everyone who cares about nature in Sussex. Founded in 1961, we have worked with local people for over half a century to make Sussex richer in wildlife.

We rely on the support of our members. Please consider joining us. Your membership will help us challenge decisions that threaten wildlife, care for more than 30 nature reserves, and inspire the next generation about the wonders of the natural world. It's easy to join online at sussexwildlifetrust.org.uk/join



Wasp Spider © Victoria Hume Sussex Wildlife Trust



FREE
SUBSCRIPTION
TO THE DIGITAL
VERSION OF
OUR MAGAZINE



scan me

EVERY ISSUE in the palm of your hand.
Access your community magazine from anywhere
as long as you have access to the internet!



The Parish Council Of Hellingly

Hellingly Community Hub, The Drive, Hellingly, BN27 4EP

PARISH COUNCILLORS 2024/2025

Mr John Castle	Hellingly Community Hub, The Drive, Hellingly, BN27 4EP	07538 727235 cllr.John.Castle@hellingly-pc.org.uk
Mr Steve Davis	Fontmills Farm, North Street, Hellingly, East Sussex, BN27 4EB	01435 813930 cllr.steve.davis@hellingly-pc.org.uk
Mr Stephen Gander	Hellingly Community Hub, The Drive, Hellingly, BN27 4EP	07703007928 cllr.Stephen.Gander@hellingly-pc.org.uk
Mrs G F D Hesselgrave & Mr W B Hesselgrave	Stone House Farm, Mill Lane, Hellingly, East Sussex, BN27 4HD	01323 844613 cllrs.bryanandgill.hesselgrave@hellingly-pc.org.uk
Mr Chris Jackets	18 The Drive, Hellingly, East Sussex, BN27 4AF	07799 882675 cllr.chris.jackets@hellingly-pc.org.uk
Ms Helen Lee	Hellingly Community Hub, The Drive, Hellingly, BN27 4EP	07737 257435 cllr.helen.lee@hellingly-pc.org.uk
Mrs Veronica Lee	Globe Cottage, Mill Lane, Hellingly, BN27 4EY	01323 840499 cllr.veronica.lee@hellingly-pc.org.uk
Mr Doug Lewin	Hellingly Community Hub, The Drive, Hellingly, East Sussex, BN27 4EP	07715519133 cllr.Doug.Lewin@hellingly-pc.org.uk
Mrs Frankie Lulham	6, Brooklands Terrace, Horsebridge, East Sussex. BN27 4DN	01323 845719 cllr.frankie.lulham@hellingly-pc.org.uk
Mr David Miles	Hellingly Community Hub, The Drive, Hellingly, BN27 4EP	07738176320 cllr.david.miles@hellingly-pc.org.uk
Mrs Penny Milne	4 Buckle Gardens, Hellingly, East Sussex, BN27 4BN	cllr.penny.milne@hellingly-pc.org.uk
Mr David White	Grovebridge Farm, Grove Hill, Hellingly, East Sussex, BN27 4HH	01435 813171 cllr.david.white@hellingly-pc.org.uk
Mr Paul Young	10 Buckle Gardens, Hellingly, East Sussex, BN27 4BN	07973 401881 cllr.Paul.Young@hellingly-pc.org.uk

DISTRICT COUNCILLOR

Mr David White	Grovebridge Farm, Grove Hill, Hellingly, East Sussex, BN27 4HH	01435 813171 cllr.david.white@hellingly-pc.org.uk
----------------	--	--

COUNTY COUNCILLOR

Mr Nick Bennett	Quarry Cottage, Royal Oak Lane, High Hurstwood TN2 4AL	01825 733328 cllr.nick.bennett@eastsussex.gov.uk
-----------------	--	---

STAFF

Jenny Hoodless (Clerk & RFO)	The Community Hub, The Drive, Hellingly, East Sussex BN27 4EP	01323 449415 clerk@hellingly-pc.org.uk
Tracy Dean (Deputy Clerk)	The Community Hub, The Drive, Hellingly, East Sussex BN27 4EP	01323 449415 deputyclerk@hellingly-pc.org.uk
Claire Kirby Julie O'Neill (Hub Co-ordinators)	The Community Hub, The Drive, Hellingly, East Sussex BN27 4EP	claire@communityhub-pc.org.uk julie@communityhub-pc.org.uk
Sarah Miller Finance & Hub Assistant	The Community Hub, The Drive, Hellingly, East Sussex BN27 4EP	01323 449415 sarah.miller@hellingly-pc.org.uk
Sue Peacock - Community Clubs Co-ordinator & Council Admin	The Community Hub, The Drive, Hellingly, East Sussex BN27 4EP	01323 449415 sue@communityclubs-pc.org.uk
Groundsmen: Jay Pleece, Tom Milne, Paul Reynolds, Andy Sievwright	The Community Hub, The Drive, Hellingly, East Sussex BN27 4EP	
Caretaker: Derek Brandon	The Community Hub, The Drive, Hellingly, East Sussex BN27 4EP	

CommunityAd

communityad.co.uk

Distributed throughout **Hellingly** to **2000** homes **quarterly**

**ADVERTISE
WITH US**

Prices start from
£46+VAT

Why Advertise With Us?



Hand-distributed to every home



Build brand recognition within your local community



Over 7,500 followers on Facebook



Attract new customers to grow your business



90% repeat advertising rate



Over 3,900 followers on Instagram



Free online business listing with every advert



Available in print and online



Over 2,000 followers on Twitter

Contact us to find out more or to book an advert

01843 834160 | info@communityad.co.uk



Coffee Time - Rustic pear & cinnamon tart

This is a super easy dessert recipe that you can rustle up in no time.

lining a pastry case here, just a rustic tart with a sweet rye pastry which has a nice nutty flavour which complements the pears. The pears are combined with cinnamon and brown sugar to create a simple and delicious filling

Ingredients

For the Pastry

90g Cold Unsalted Butter (Cubed)

75g Rye Flour

125g Plain Flour

1 Egg

2 tbsp (Icing or Caster Sugar)

Salt

For the filling

4-500g Pears

3 tbsp Soft Brown Sugar

Half tsp Ground Cinnamon

1 tbsp Flour

1 Egg (optional for pastry)

Method

Step 1.

Pre heat your oven to 180c. First make your pastry you can either use a food processor with the dough attachment or do it by hand. Whizz together (or crumble together in a bowl using your fingers) the butter, flours and sugar and a tiny pinch of salt until they resemble fine breadcrumbs. Add the egg and mix again until it forms a soft dough. Wrap the pastry up and place into the fridge to rest for at least half an hour.

Step 2.

Peel your pears, cut them in half and take out the core. Finely slice the pears then place in a bowl. Add the brown sugar, cinnamon and flour then mix well.

Step 3.

Roll out your pastry to ½ cm thickness and cut into a large round using a large mixing bowl as a guide. Place some greaseproof on a baking tray then place the pastry on top. Spoon your pears into the middle. Fold up the pastry to the pears to create the tart case.

Step 4.

Whisk up an egg and brush over the pastry. Place in the oven and bake for around 45 mins until the pastry is crisp and the filling is soft. Serve with some yoghurt, crème fraiche or warming custard!

Recipe by Martin Hill.

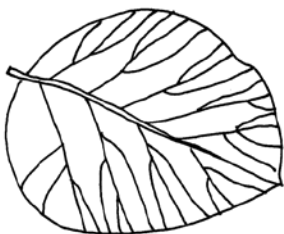
www.barcombenurseries.co.uk



Autumn / Fall Sudoku

Fill in the grid with numbers 1 to 9 making sure no number is repeated in every row, every column and within each mini grid.

4			1			5		3
8				5	7		2	4
7	3		6	4		9		
1				7		3		
		2		8		7	6	9
					3	4	8	
2		3			9	1		5
6	4	1	2	3	5			
5		8	7	1				



www.kidspuzzlesandgames

Fundraising Cream Tea Held at The Hub

A Fabulous Fundraiser held at the Hellingly Hub has raised an incredible amount for Breast Cancer Awareness.

Having been a survivor of breast cancer myself it came quite naturally to raise money for Breast Cancer Awareness. So when I saw the advert to hold a cream tea in aid of this charity I didn't have to think twice.

I originally planned a small gathering for approximately 20 people in my garden but it quickly became clear that many ladies felt the same as I do and wanted to support such a worthy cause. When the numbers reached 70 plus I realised that a much bigger venue was required. Thank goodness for our lovely Community Hub here in Hellingly.

On the hottest day of the year so far, 12th August, I arrived, with several willing volunteers to set up the beautifully air conditioned hall. Tables were dressed, scones & cakes in abundance were laid out, a raffle and several games were set up for all to enjoy and the kettle was on.

What a fabulous afternoon we all had.

Everyone who attended commented on the fabulous location.

Whoever would think that eating scones, cakes and drinking tea could raise a little under £1400 in just a few hours!

Debbie Scott





Looking for a venue?



The Hellingly Community Hub has a large main hall and two smaller meeting rooms available to hire and provides an ideal venue for any occasion.

**Children's parties – Wakes – Business Meetings –
Training Courses – Exercise Classes – Fundraising Events
Quiz Nights and much much more**



Why our venue?

- Out of town venue with lots of parking
- Very competitive prices
- Free Wi-Fi
- Use of projector, sound system & flip chart on request
- Fully equipped kitchen
- Wheelchair accessible and baby changing facilities
- Electric car charging points

To book or to find out more information, please email us at hubbookings@hellingly-pc.org.uk or call us on **01323 449415**, or visit our website www.hellingly-pc.org.uk and complete an online booking request form and we will get back to you with further details.
The Drive, Hellingly, East Sussex BN27 4EP

****NEW** CONFERENCE SYSTEM NOW AVAILABLE**



4.9 ★ 176 GOOGLE REVIEWS 5 ★ 129 FACEBOOK REVIEWS

HELLINGLY HOMES



Find out about our
Hellingly Selling Service

← Scan Here

RIGHTMOVE'S NO.1 LOCAL ESTATE AGENT

Multi award winners 2018-2024

2 The Quintins, High Street, Hailsham,
East Sussex BN27 1DP

craneandco.co.uk

Crane & Co

01323 440678 | sales@craneandco.co.uk