



# Hellingly Highlights



*#KeepingItLocal*

Summer 2024

*Hellingly Residents Letter*  
Find out more on page 16

*The High Sheriff of East Sussex Awards*  
Find out more on page 22

*Hellingly's Public Open Spaces*  
Find out more on page 30

*Summer Holiday Activity Days*  
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# Hellingly Highlights

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# A message from the Clerk



## Hi Everyone

I hope you are all well and looking forward to a dry summer!!

I'll start by saying a huge thank you to all those who completed the survey for the new & improved facilities at Lower Horsebridge Rec. At the time of this edition going to print the results were not all in, so I'll update you in the next edition.

Our Groundsmen have been very busy over the winter, but still have lots to do! They maintain the country park, keeping it tidy and available for all to enjoy. The external areas of the Cricket Pavilion are in need of some TLC and will soon receive some pampering! We are planning to varnish the exterior which will help to keep the building maintained throughout the year and you'll be pleased to hear that we are hoping to install some drainage and new astro to the front of the Pavilion.

The Annual Parish Meeting for the Parish took place on the 16th May and was well attended and I hope those who attended found it useful and informative. We do still have one councillor vacancy, so if you feel you would like to contribute to making a difference within Hellingly please get in touch.

We are looking forward to our two family Activity Days in the summer holidays which will take place at Lower Horsebridge Rec on the 7th & 21st August. We have some exciting new activities planned for this year, details of which are on page pages 36 & 37. We are also hoping to be able to offer the free Active Play sessions again run by Freedom Leisure, we are just waiting to receive confirmation from them. All details on all our activities will be posted on social media, notice boards and on our website.

Here's looking forward to some warmer, dryer weather and enjoying the sport on TV.

**Jenny Hoodless,**  
Parish Clerk

## Hellingly Parish Council Est. 1894

*The Parish Council delivers a range of services on behalf of the community. The council provides a community hub, a country park, play areas, allotments, a cemetery, sport pitches with pavilions and a recreation ground which we are currently in the process of extending.*

*We also provide consultation on planning applications and grants to community organisations.*

*For more information on the work we do, take a look at our website*

*[www.hellingly-pc.org.uk](http://www.hellingly-pc.org.uk) or join the Hellingly Parish Council facebook page for all the latest news.*

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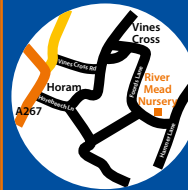
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# Your Parish Council

**CHAIR:** Mr D. G. White

**VICE CHAIR:** Mrs G. F. D. Hesselgrave

**COUNCILLORS:** Mr J Castle, Mr S Davis, Mr S Gander, Mr W Hesselgrave, Mr C Jackets, Ms H Lee, Mrs V Lee, Mr D Lewin, Mrs F Lulham, Mr D Miles, Mrs P Milne, Mr P Young.

## STAFF

**Clerk/RFO & Hub Manager:** Jenny Hoodless

**Deputy Clerk & Grounds Work Manager:** Tracy Dean

**Hub Co-Ordinators:** Julie O'Neill & Claire Kirby

**Hub & Finance Assistant:** Sarah Miller

**Community Clubs Co-Ordinator:** Sue Peacock

**Caretakers:** Derek Brandon & Ruth Cooper

**Groundsmen:** Jay Pleece, Tom Milne, Paul Reynolds, Adrian Hickman

## COMMITTEES:

### Planning and Environment.

**Chair:** S Davis

**Clerk:** Jenny Hoodless & Tracy Dean (share)

**Councillors:** C Jackets, Helen Lee, D Lewin, J Castle, G Hesselgrave and D White (ex-officio)

### Parish Halls.

**Chair:** C Jackets

**Clerk:** Claire Kirby & Julie O'Neill (share)

**Councillors:** S Gander, P Milne, D Miles, P Young and D White (ex-officio)

### Cemetery and Allotments.

**Chair:** W Hesselgrave

**Clerk:** Tracy Dean

**Councillors:** J Castle, D Lewin, D Miles, P. Milne, H. Lee, D White (ex-officio)  
T. Jenner (Union Corner Allotment Supervisor) and T. Knight (Roebuck Park Allotment Supervisor) by invitation. A representative of the Allotment tenants, by invitation

### Grounds.

**Chair:** W Hesselgrave

**Clerk:** Tracy Dean

**Councillors:** F. Lulham (Vice Chair), S Davis, V Lee, P Young, S Gander, G Hesselgrave and D White (ex-officio)

### Finance (inc Cemetery Lodge)

**Chair:** D White

**Clerk:** Jenny Hoodless

**Councillors:** J Castle, S Davis, G Hesselgrave (ex-officio), F Lulham, C Jackets and D Lewin  
[Note: Membership of the Committee should include at least one member of each Committee]

### Staffing Committee.

**Chair:** S Gander

**Clerk:** Jenny Hoodless

**Councillors:** G Hesselgrave, F Lulham, D White (ex-officio)

### Project Delivery Working Group.

**Chair:** D White

**Clerk:** Tracy Dean

**Councillors:** S Gander, D Lewin and P Young

### Footpaths Group (informal committee).

Veronica Lee and Frankie Lulham

## PARISH COUNCIL REPRESENTATIVES:

**Parish Tree Warden:** Cllr. B Hesselgrave and Deputy Clerk (Tracy Dean).

**Emergency Planning Group:** Cllr. P Young and Deputy Clerk (Tracy Dean).

**Hellingly Hospital Liaison Committee:** Cllrs. G Hesselgrave, W Hesselgrave, C Jackets & D White

### Wealden District Association of Local

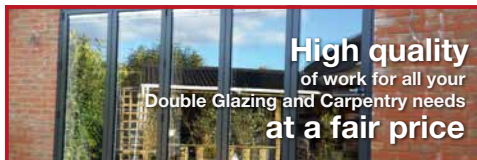
**Councils (WDALC):** Cllr. J Castle

**Parish Planning Panel:** Cllr. S Davis  
Hailsham Forward Executive and Steering Group: Cllr: C Jackets

**Movement and Access Strategy Hailsham & Hellingly:** Cllr D White & Tracy Dean

**Wealden District Council Cuckoo Trail**

**Project:** Cllr H Lee (Conservation Volunteer)



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# Council Meeting Timetable

## All Meetings will be held on Wednesdays (except the APM)

The Annual Meeting of the Parish and Parish Council Meetings start at 7.30pm. All other Committee Meetings start at 7pm apart from The Planning & Environment Committee which starts at 6.30pm when on the same evening as the Full Parish Council's monthly meeting. Unless otherwise stated all meetings take place at the Hellingly Community Hub, The Drive, Hellingly, BN27 4EP. Meeting are occasionally subject to change. Confirmation can be obtained from the Parish Clerk, Tel: **01323 449415** or [www.hellingly-pc.org.uk](http://www.hellingly-pc.org.uk).

## Meeting Timetable 2024 - 2025

**Council:** 12th Jun 24, 10th Jul 24, 11th Sep 24, 9th Oct 24, 13th Nov 24, 11th Dec 24, 8th Jan 25, 12th Feb 25, 12th Mar 25, 9th Apr 25, 14th May 25.

**Annual Parish Meeting:** 22nd May 25.

**Planning & Environment:** 12th Jun 24, 26th Jun 24, 10th Jul 24, 24th Jul 24, 14th Aug 24, 28th Aug 24, 11th Sep 24, 25th Sep 24, 9th Oct 24, 23rd Oct 24, 13th Nov 24, 27th Nov 24, 11th Dec 24, 8th Jan 25, 22nd Jan 25, 12th Feb 25, 26th Feb 25, 12th Mar 25, 26th Mar 25, 9th Apr 25, 23rd Apr 25, 14th May 25, 28th May 25.

**Cemetery & Allotments:** 18th Sep 24, 5th Mar 25.

**Finance:** 19th Jun 24, 20th Nov 24, 30th Apr 25.

**Grounds:** 17th Jul 24, 4th Sep 24, 19th Mar 25.

**Parish Halls:** 16th Oct 24, 16th Apr 25.

**Staffing:** 30th Oct 24, 15th Jan 25.





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# Chair's Report

**In the last edition of the Highlights, I updated you on the progress made to alleviate the recurrent flooding in the Parish.**

In the last edition of the Highlights, I updated you on the progress made to alleviate the recurrent flooding in the Parish. I am pleased to report that although it seems as though the rain has not stopped since the beginning of the year, the incidence of severe flooding has. We do still have concerns in local areas and we are fully aware that the flooding which occurs in Mill Lane and the centre of Hellingly Village when the river overtops, may always be with us. It is nothing new, however we will continue to work with the relevant authorities to do what we can to alleviate the number of occasions when this occurs and the length of time the disruption lasts.

The Parish Council continues to work with the District Council and Southern Water to bring about a permanent solution to the sewerage problem in the area of Station Road. In our opinion it is undeniable that the connection of Roebuck Park, part of Uplands, and the several smaller local developments, is already causing an overload on the system which was installed in the last century to deal with a much smaller number of properties.

The addition of a further 350 new dwellings in Swingate Park (Park Farm East) not to mention the balance of the Uplands estate, and Danecroft will exacerbate the problem and that sooner rather than later, Southern Water has to accept responsibility and undertake a fundamental upgrade of the whole system.

The reality of their position is now becoming evident from the approach recently adopted by the District Council, at the instigation of Councillors, of refusing to discharge the drainage conditions attached to the grant of the planning consent for approval. The effect of this is to deny occupation of the new dwellings in the absence of satisfactory evidence being produced to show that the

drainage system can cope with the additional foul flows. It is difficult to see how this can be evidenced when the sewers in Park Road are still overflowing when we have heavy rainfalls.

On a happier note, the Council has recently completed the survey on its proposals to extend the lower Horsebridge Recreation ground. Following broad approval of the scheme consulted upon, the Council will now be refining the details before submitting a planning application and progressing with the work hopefully before the end of the year. In the meantime, arrangements are being made to open up the field behind the Kings Head for parking when the weather permits. This should alleviate the problems that arise with parking on the roads on match days.

Finally, we continue to work towards the take over of the public open space on the Burfield Grange Estate. Although the extent of the area to be transferred to the Council and the capital payment intended to offset the maintenance costs for the next 10 years was agreed some time ago our agreement was always on the basis that the area would be handed over in a good condition, with all works complete. On a recent inspection it was apparent that there were still matters to be completed. These were agreed with Bovis. Rather than complete the work themselves Bovis has asked that the Council undertake the work in return for a cash payment. We are obtaining quotes and as soon as these have been agreed we shall undertake the work and end this long running saga.

**David G White**

Chair, Hellingly Parish Council

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# The Hellingly Puzzle Trail

**Observant or adventurous visitors to Hellingly Country Park may have spotted the appearance of cryptic markers hidden on trees, logs and posts across the park.**

The markers, about the size of a postcard, are part of the Hellingly Puzzle Trail, a brand new, free activity trail for all the family to try.



The trail starts at the entrance to the park just behind the Community Hub and winds its way around the extensive grounds of the former Hellingly Hospital. The 15 markers each contain a clue to the next marker location and a puzzle to solve.

Puzzlers can either access a free map and complete their answers online by scanning the QR code at the start of the trail or at [hellingly-puzzle.animazingtv.co.uk](http://hellingly-puzzle.animazingtv.co.uk) or for a small donation get a printed trail guide and nature trail for younger explorers from the Parish Office at the Community Hub during normal opening hours.

It's a great excuse to get out into the countryside, explore nature, and get some healthy exercise while also taxing the little grey cells. Allow 1½ to 2 hours to complete the trail and wear suitable footwear for exploring off the main paths. You can get to the Community Hub on the 1X or 51 bus and it is a short cycle ride or walk from the Cuckoo Trail. There is also free parking and electric car charging point. The what3words location is [///tolerates.publish.tint](https://www.what3words.com/#!/en-gb/@@@tolerates.publish.tint).

The trail has been produced by local Community Interest Company, Animazing C.I.C. and supported by Hellingly Parish Council.



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# National Garden Scheme

**We are delighted that there will be a group of 8 gorgeous Hellingly gardens opening for the NGS nursing and caring charities on Sunday 16th June between 11- 5 pm.**

The charities supported include Marie Curie, Macmillan, Hospice UK, Carers Trust, Parkinsons UK and the Queens Nursing Institute.

Delicious lunches and homemade teas will be available at Brook Cottage in aid of the Parish Church.

See you there !



NATIONAL GARDEN SCHEME  
Gardens Open For Charity

## Hellingly Parish Trail

- Broadview, Church Road, BN27 4EX
- Brook Cottage, Mill Lane, BN27 4HD
- Flint Cottage, Church Lane, BN27 4HA
- Globe Cottage, Mill Lane, BN27 4EY
- Globe Place, Mill Lane, BN27 4EY
- May House, 7 The Martlets, BN27 4FA
- Pond Cottage, Mill Lane, BN27 4EY
- Priors Grange, 7 Church Path, BN27 4EZ

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# Sussex Wildlife Trust

## Swifts by Michael Blencowe for Sussex Wildlife Trust.

These are uncertain times. Who knows where this planet is heading? But since the start of May I've been looking to the sky for a sign of reassurance: the return of the Sussex Swifts from Africa. Ted Hughes expressed it perfectly: "They've made it again / Which means the globe's still working, the Creation's / Still waking refreshed, our summer's / Still all to come."



Swift nest©Derek Middleton

Swifts may not look like much - they're basically two wings and a mouth - but it's hard to explain their abilities without making them sound supernatural. Swifts are all about flying. They feed, scream, and mate in the air and bathe in the rainclouds. At night they switch off half their brain, switch on cruise control and fall asleep amongst the stars. If they had their way they would never come down. But there's one little flaw in their plan: eggs don't float.

So, for just a few weeks of the year, they begrudgingly swap the open skies for a cramped nest under the eaves where they raise



Swifts at dusk©Nick Upton



Swifts©Jon Hawkins  
Surrey Hills  
Photography



Swift ©Jon Hawkins  
Surrey Hills  
Photography

their young. The problem is in recent years most of these little gaps have been lost to renovations and modern architecture. The destruction of their homes is one of the reasons why Swift numbers have fallen. They are refugees on the wind.

They cruised into Sussex in May after a non-stop, long-haul flight from Africa; not that this trip bothered them. Swifts are all about flying. For me, the Swift is the only bird that takes pure, unadulterated pleasure in flying. Other birds fly out of necessity, but Swifts seem to fly for the joy of it, screaming with delight at the top of their little Swift lungs, a shrill cry that is forever associated with English summers.

By the time you read this, a new generation of Sussex Swifts, born in a roof cavity, have crawled to the nest entrance, and bravely launched themselves on their first flights. And what a first flight - they may not land again for two or three years! For these 'teenage' Swifts, the skies of Europe and Africa will be their playground. Nothing will tame them. Well, not until they meet a partner and decide to settle down in a roof of their own somewhere. But don't let this comfortable image of domestic bliss fool you - there's no taming these Wild Ones.

**Sussex Wildlife Trust** is a conservation charity for everyone who cares about nature in Sussex. Founded in 1961, we have worked with local people for over half a century to make Sussex richer in wildlife.

We rely on the support of our members. Please consider joining us. Your membership will help us challenge decisions that threaten wildlife, care for more than 30 nature reserves, and inspire the next generation about the wonders of the natural world. It's easy to join online at [sussexwildlifetrust.org.uk/join](http://sussexwildlifetrust.org.uk/join)

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## Ukraine Appeal

Every single day the towns and villages in Ukraine are still being targeted and hit by Russian bombs, missiles and drone attacks and many people are being killed and injured everyday, including animals.



One of the supplies desperately needed is dog food to help feed the dogs that have been left behind and have been taken on by the frontline soldiers. If you are able to donate any sealed dog

foods, The Hellingly Community Hub is a drop off point and items can be dropped off during office hours  
Monday – Friday.

Thank you in advance for your support and kindness.



# Dear Hellingly Residents

**On behalf of Hellingly Parish Council may I extend a warm welcome to you, whether you have lived in Hellingly all your life, have made Hellingly your home for a while, or are new to the area.**

Hellingly Parish Council have a website [www.hellingly-pc.org.uk](http://www.hellingly-pc.org.uk) where you will find lots of information about the area.

Should you be unable to find what you are looking for, you are welcome to contact us here at the Parish Council, our office is based at the Community Hub, The Drive, Hellingly, BN27 4EP. Our telephone number is **01323 449415** and email enquires can be sent via [www.hellingly-pc.org.uk/contact](http://www.hellingly-pc.org.uk/contact).

Hellingly is a growing community and with the combination of beautiful countryside and urban life, it provides a wonderful area to live or visit. We hope that our website helps you get the most from this lovely area.

The Parish of Hellingly is located adjacent to the north-west boundary of the town of Hailsham. The Parish is mostly rural in character and is situated at the confluence of the River Cuckmere and Bull River, one of its tributaries.

Within the Parish boundary are the residential settlements of Lower Dicker, and Lower Horsebridge, as well as the original village of Hellingly which comprises of the Parish Church and cluster of homes some of which are listed for their historic interest. This area is designated as a conservation area. The new residential areas east of the original village are focused on Park Road, The Drive and New Road areas, and these areas continue to expand with many new homes expected over the next few years.

The Parish Crest was adopted following a competition amongst local residents and the winning design was created by Ron Pidgley. The crest is divided into four quarters. The upper left depicts the Village School, the upper right the Church tower and lower left the Cuckoo Trail and the lower right the Water Mill, all prominent local land marks. The crest appears on all Parish official documents and correspondence.

## PARISH COUNCIL RUN FACILITIES

Hellingly Community Hub is a modern venue located on the Roebuck Park housing development, and has meeting, sports and event facilities which can be hired. The Parish Council offices are located in this building. The former Village Hall is located at the junction of North Street and Church Road and is used solely by a pre-school group.

There are three defibrillators located in the Parish. They are situated at the Kings Head Public House, Horsebridge, Hellingly Village Hall, North Street, Hellingly and at the Community Hub at The Drive. These are all checked regularly, and pads and batteries are replaced before they go out of date.



Hellingly Country Park originally formed the grounds of the old Hellingly Hospital and is a beautiful and peaceful area to walk around with mature tree specimens, secret style paths and lovely views. The park includes children's play facilities, a multi-use games area for ball games, a dog agility area, a cricket pitch and pavilion, ponds and woodland walks. Fishing at the top pond is allowed with a license within the fishing season of 16th June to 14th March every year. The surfaced paths are suitable for wheelchair users and pushchairs too. There is free parking for visitors at the adjacent Community Hub.

Lower Dicker Recreation Ground includes a children's play area and is the home to Hellingly Lions Cycle Speedway track and club.



Lower Horsebridge Recreation Ground is home to Hellingly Bowls Club, Hellingly Cricket Club, Hellingly Rugby Club and Hellingly Hounddogs American Football Club. There is also an enclosed play area for the children to play in a safe space and a large open space to run and play when the sports clubs are not using the grounds.

There are 25 allotment plots at Roebuck Park, should you wish to add your name to the waiting list and live on the Roebuck Park development please contact the Deputy Clerk, Tracy, on

[deputyclerk@hellingly-pc.org.uk](mailto:deputyclerk@hellingly-pc.org.uk) or **01323 449415** with your full name, address, email address and contact telephone number. In addition to these allotments there are approximately 90 plots at the Union Corner site, should you wish to apply for a plot here, please contact Tina via email at [tina\\_jenner@outlook.com](mailto:tina_jenner@outlook.com) with your full name, address and contact telephone number.

Hellingly Cemetery is located on the east side of North Street, there is a War Memorial situated near the entrance where the Community join together on Remembrance Day in November each year. The Commonwealth War Graves Commission inspect the War Graves within the Cemetery annually.

Hailsham Town Council oversee the administration of the cemetery and for details and enquires contact them on **01323 841702** or email [www.hailsham-tc.gov.uk](http://www.hailsham-tc.gov.uk)

The Parish Council is also responsible for a small area along the Cuckoo Trail known as The Arboretum. This was planted in 2000 to mark the Millennium.

The Parish Council have memorial trees around the Parish including an Oak planted at the front of the Community Hub in recognition of Queen Elizabeth II's jubilee celebrations. There are also a number of memorial benches placed around the Parish, including in the Country Park and Hellingly Cemetery. If you wish to have a tree or bench placed in memory of a special person please contact the Parish Council.

## PARK WOOD

Park Wood is one of the largest areas of unfragmented woodland in the Hellingly and Hailsham area and the entire woodland is designated ancient, semi-natural woodland. It has a long history of coppice management back to mediaeval times when iron smelting was an important local industry.

It is designated as a Local Wildlife Site, important for its species richness including a number of bat species, hazel dormouse, amphibians, reptiles, birds and bryophytes (plants). The woodland is highly valued by the local community both as wildlife habitat and as a place for a wide range of quiet informal recreation activities.

Park Wood is designated as an Asset of Community Value and is designated as open-access under the Countryside and Rights of Way Act.

## CUCKOO TRAIL

The Cuckoo Trail offers a 14 mile trail for walkers, cyclists and horse riders taking you through the beautiful East Sussex countryside. The trail is part of the National Cycle Network (Route 21).

[www.eastsussex.gov.uk/leisure-tourism/countryside-sites/cuckoo-trail](http://www.eastsussex.gov.uk/leisure-tourism/countryside-sites/cuckoo-trail)

The route was formally a branch railway line and the trail runs for 11 miles along the route of the old railway, linking the three large towns of Heathfield, Hailsham and Polegate. An extension south of Polegate takes the Trail to Hampden Park, near Eastbourne. There are three cycle access points onto the Cuckoo trail in the Hellingly Parish.

Being mainly off-road it is suitable and safe for people of all ages and abilities. The slight gradients and sloped accesses make the trail available to most mobility scooters and wheelchairs.

Benches are located along the Trail, many carved from fallen trees by local craftsmen. Picnic tables and bike racks are located at intervals along the Trail and there is a Wildlife Sculpture Trail laid out for a mile north of Hellingly village.

*Continued >*

As the Cuckoo Trail is used for more than one activity, the following guidance is helpful:

- Walkers can use all of the Cuckoo Trail
- Cyclists can use all of the Cuckoo Trail but should dismount where signed.
- Horse riders can ride between Hellingly and the south of Heathfield and between Summerhill Lane south of Hailsham and Polegate. This latter section involves going over a bridge, which crosses the A27 Polegate bypass, where a mounting block is provided at each end.

Bike rental is available at Horam – check out [www.countrybike.co.uk](http://www.countrybike.co.uk) for details.

### PRIMARY SCHOOLS

Burfield Academy  
**01323 819309**  
 Groveland's Community Primary School  
**01323 840062**  
 Hawkes Farm Primary School  
**01323 841466**  
 Hellingly Community Primary School  
**01323 844346**

Hailsham Primary Academy & Pre-school  
**01323 841468**  
 Phoenix Academy  
**01323 841420**  
 Ropemakers Academy  
**01323 368374**  
 White House Primary School  
**01323 841615**

### SECONDARY SCHOOLS

Hailsham Community College Academy Trust  
**01323 841468**  
 Heathfield Community College  
**01435 866066**  
 Kings Academy Ringmer  
**01273 812220**

I hope this letter has given you a taste of Hellingly, however please do take the time to have a look at our website where you will find out the most up to date information about services, amenities and what's on in the area.

With kind regards

**Cllr David White**  
 Chair, Hellingly Parish Council

**Year 5 are welcome to join us in session 1 now!**

For more information, please visit our website: [Hailshamyouthservice.org](http://Hailshamyouthservice.org)

**Young at Heart Club**

**Mondays 10:30am till 12:30pm**  
**@ The Hellingly Community Hub.**

**A Group for the over 60's that are "Young at Heart"**

**QUIZ!**  
**ZUMBA**  
**BINGO**

A group for over 60's that are 'Young at Heart' & want to come along and make new friends and try new things out or just have a good old chat.

Every week we fill the tables with board games and playing cards and will also get the table tennis and mini badminton out.

**FREE REFRESHMENTS** - Served by the lovely ladies from Hailsham Lions

For more information, please call Hellingly Community Hub on 01323 449415 or email [sue@communityclubs-pc.org.uk](mailto:sue@communityclubs-pc.org.uk)

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Local Charities

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(10 miles north of Eastbourne)  
Dogs welcome on lead.



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**MODELS & BYGONES**

**Trade Stands Autojumble**

**Arena Displays**  
**Childrens Attractions**  
**Vintage Fair**

**Beer Tent**  
**& Food Court**

Entry Forms and General Information from: Mr. Mike Boyd  
Tel: 07720 858482 - Email: eastsussexm@gmail.com - Web: www.ehvc.biz  
Organised by Eastbourne Historic Vehicle Club Ltd



# Hellingly Church St Peter and St Pauls Church

**Hello my name is Elly and I have been the curate at St Peter and St Paul's, Hellingly and Holy Trinity Upper Dicker since June last year.**

During the ordination service Bishop Martin, the Bishop of Chichester instructed us all to look out for the joy in our new Parishes. Little did I know then just how much joy I would come across and witness.

Both churches have offered a warm welcome and it has been fun getting to know the idiosyncrasies of life in Hellingly and Upper Dicker. Theology college doesn't teach you how to clamber up a ladder in full clerical robes on to the back of a flat bed lorry at the Festival of Transport. Never did I think I would witness traction engines line up as part of an outdoor congregation. But what a joy it was to be part of that day.

Making pastoral visits to take home communion has also been filled with Joy and I am not just referring to the amounts of ladies on our electoral roll named Joy. It's been a privilege to get to know people who have a long history both with the area and the churches and to share news of things happening around the Parishes.

School assemblies have also been an added bonus of curacy, getting to see how vibrant and welcoming our schools are and to contribute in a small way to the school's ethos is a real privilege. Although I was glad to be sitting down for my first school assembly, it was less obvious my knees were knocking.

Messy Church afternoons in the Hub have offered an amazing chance to meet with young families and a chance for people new to the area to network with other families often who have been part of recent baptisms. It is a chance to take part in a crafting session, play games, hear bible stories and a short period of worship rounded off with an afternoon tea for all the family. The Hub provides the space to allow areas for all ages to have age-appropriate games and crafts and space for younger children to run around in a secure space.

On the 24th of April Bishop Will, the Bishop of Lewes presided at Holy Trinity, Upper Dicker, a service of baptism and confirmation for a group of students from Bedes and people from St Peter & St Paul, Hellingly. This affirming service was a joy to witness with candidates ages ranging from late teens to a wonderful gentleman who is 80.

It's a joy to be part of a thriving community and I can't wait to see what the summer holds for us.

**Revd Elly McKay-Smith**, Curate  
St Peter & St Paul's Hellingly and Holy Trinity  
Upper Dicker

# The Friends of Hellingly Church

The Ducdame Theatre Company present **AS YOU LIKE IT** a comedy by William Shakespeare, in the grounds of Hellingly's Parish Church of St Peter & St Paul, on Saturday, 29th June at 2.00pm.

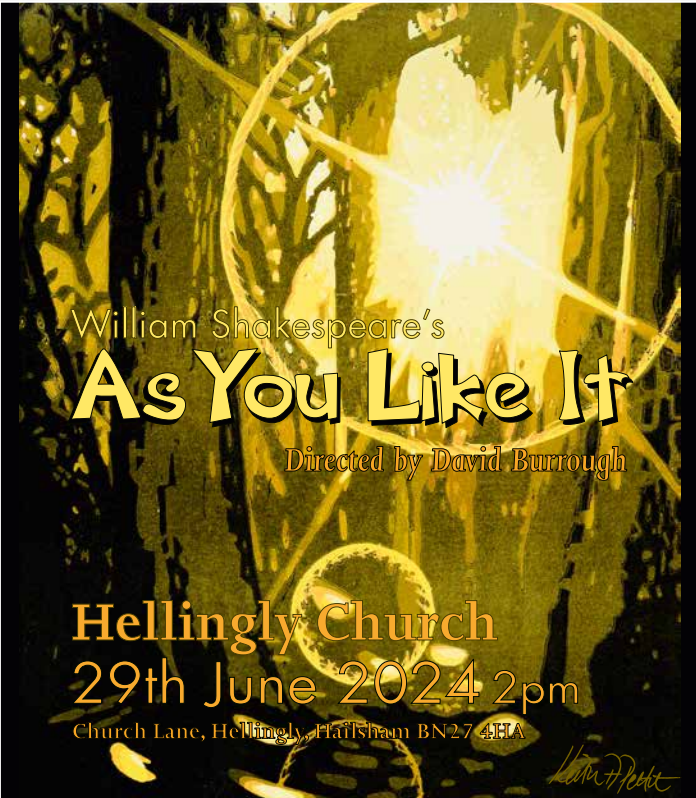
This famous play includes the cynical soliloquy on the seven ages of man. It will be a special occasion for us and a surprise that these experienced players are coming to the village to entertain us. All we need is the right weather to make it just right.

In the interval we are serving a Sussex Cream Tea with a glass of fizz to salute the event which is sponsored by The Friends of the church.

Tickets: £30. (A £2 reduction for members of the Friends) Under 18s £20. Can be obtained from Ronald Chatwin **01323 843346**, Teresa Butler **01323 845652**, Margie Thorp **01323 844509** or online at

[www.trybooking.com/uk/DJGO](http://www.trybooking.com/uk/DJGO)

Or scan the QR Code here






William Shakespeare's  
**As You Like It**  
Directed by David Burrough

**Hellingly Church**  
29th June 2024 2pm  
Church Lane, Hellingly, Hailsham BN27 4HA

Tickets: Adults £30, under 18's £20, Friends members £28  
<https://www.trybooking.com/uk/DJGO>

Price includes delicious cream tea with a glass of prosecco  
Please note, the play is considered unsuitable for children under 10years

TICKETS  


 In aid of The Friends of Hellingly Church  
 a Ducdame Production

# Charities across East Sussex presented with High Sheriff's Awards

**The High Sheriff of East Sussex, Mr Richard Bickersteth, hosted an Awards Ceremony at Hellingly Community Hub on Tuesday 12th March at which he presented High Sheriff's Awards to eleven local charities and five other organisations.**

The awards were presented in the presence of the Chair of Rother District Council and the Mayors of Brighton & Hove, Eastbourne, Seaford, Newhaven and Peacehaven, and 120 other guests.



The High Sheriff was personally appointed by King Charles III as his representative for law and order, actively supporting the Judiciary, the Police and other law-enforcement agencies, the emergency services, local authorities and all church and faith groups.



He also takes an active part in supporting and promoting local voluntary organisations.

Every year the High Sheriff of East Sussex may make a number of personal awards to recognise and celebrate the work of charities



and organisations within the County who have made outstanding contributions to the communities in which they live or work.



Mr Richard Bickersteth said "I congratulate all those who received an Award today. I also wanted to thank them publicly for all the vital work they do within our County. Many reflect my commitment during this year, to support and encourage young people and those who work with them; especially those who are overlooked or vulnerable."

Those who received awards this year came from across the County of East Sussex (including Brighton & Hove). The charitable organisations awarded included The Pelham, Beachy Head Chaplaincy Team, Sussex



Prisoners' Families, Havens Food Cooperative, Kidz Klub Brighton & Hove, Little Gate Farm, Hospital Youth Work project at Royal Alexandra Children's Emergency Department delivered by the Trust for Developing Communities, Streetlight UK, Parchment

Trust, Brighton Table Tennis Club, Rother Voluntary Action and Willow Tree Children's Support.

The High Sheriff also awarded five other High Sheriff's Awards to those he described as "Our unsung heroes: organisations that most of the public may be unaware of or would rather not think about. Yet they go about their work with enormous commitment, which is often not recognised." These Awards were given to East Sussex Fire & Rescue Services for their "Safety in Action" events and their Fire Cadet Leaders; Sussex Police Volunteer Police Cadet Leaders in East Sussex, HMP Lewes and HM Coroner's Office for Brighton & Hove.



The High Sheriff was supported in presenting these awards by his Police & Fire Cadets, as well as his Chaplain, the Revd Jonathan Meyer, from Winchelsea who concluded the Awards with a Prayer of Thanksgiving and Blessing.

The event was supported by the Sussex Community Foundation, who make grants to many of the charitable organisations who received awards.

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# What's On @ THE HELLINGLY COMMUNITY HUB



## MONDAYS

**Hellihubs** – 8.30am – 10am

A FREE Parent & Toddler Group run by Hellingly Parish Council. Come along and make new friends, have a cuppa and chat while your little ones play. No booking required, just pop along.

**Pilates with Jen** @ 9.30am

Contact Jen Piper on **07958 519168**

or email **jen4pilates@aol.com**.

**Website: www.jen4pilates.co.uk**

**YOUNG @ HEART** over 55's Social Group

10.30am-12.30pm

'A FREE Group for the over 55's who are young at heart'. Refreshments, Quizzes, Bingo, Activities, Games, Talks and light exercise sessions. No need to book, just come along for a cuppa and make new friends.

**Zumba Gold with Kiera** @ 11am

Contact Kiera Mission Fiit at

**kiera1.chambers@hotmail.co.uk**

**YOUNG @ HEART over 55's light exercise**

**class with Kiera** @ 11.45am

**\*\*NEW\*\* Talk & Tea**

A FREE support Group for all ages run by The Bodle Street Ladies  
Second Monday of every month 1.15pm-3pm.  
Contact Fiona for more information  
Tel: **07733 408394**

**Boot camp Fitness class with Daniel pt** @

6pm-6.45pm (OUTSIDE IN SUMMER MONTHS)

Contact Daniel James on **07882 511602**

**Pilates with Jen** – 2 evening classes @ 6.30pm & 7.30pm

**Hailsham Nightingales Women's Institute**

– 3rd Monday of every month from 7 -10pm.

Contact Katy Layer on

**kelvinkaty@googlemail.com**

**Hellingly Bowls Club & Bingo Evenings**

Email: **joy.norman@hotmail.com**

Tel: **01323 843990**

## TUESDAYS

**Baby Ballet** – Tuesday mornings (Term Time)

Contact –

**hailshamandlewes@babyballet.co.uk**

Tel: **07842 244210**

**Zumba with Kiera** @ 6.30pm. Contact Kiera

Mission Fiit at

**kiera1.chambers@hotmail.co.uk**

**Hellingly Women's Institute** - First Tuesday

of every month @ 2.15pm. Contact Lorraine

Sparrowhawk on **07854 967934** or email

**Ldsparrowhawk@yahoo.com**

**Short Mat Bowls** - 7.30pm – 10.00pm

Contact Ann Robinson **01323 318696** or email

**ann-robinson1@sky.com**

## WEDNESDAYS

**Hellingly Youth Club**

School years 6-8 – 6.15pm -7.30pm.

School years 9-11 - 7.45pm - 9.00pm

Contact **www.hailshamyouthservice.org**

## THURSDAYS

**Hartbeeps** - 9.30am – 2pm (Term Time)

Classes for babies and toddlers featuring music, puppets, laughter and fun.

Contact **kim@hartbeeps.com** or

**www.hartbeeps.com**

**Library Rhymetime 'FREE' sessions**

10am-10:45am. DATES 13th June & 27th June, 11th & 25th July

**Pilates with Jen** – 2 evening classes @ 6pm & 7pm

**Pilates with Dorota** @ 6.30pm

Contact **dorota.anna.jozwiak@gmail.com**

**Hailsham and Hellingly Ladies Social Club**

- 7:30pm-10pm. Contact Shirley Thomas on **01323 507670**.



**Hailsham Photographic Society** – 7:30pm-10pm. Contact [www.hailshamphotographicsociety.co.uk](http://www.hailshamphotographicsociety.co.uk)

## FRIDAYS

**Pilates with Jen** @ 9.30am

**Pilates with Dorota** @ 9.30am

**Stretch, Flex & Tone** @ 10.30am

A light exercise class for the over 60's with Jenny West. Contact Jenny @ [jenny\\_cloisters@yahoo.co.uk](mailto:jenny_cloisters@yahoo.co.uk) or Tel: **01323 848216**

## SATURDAYS

**Pilates with Jen** @ 9.30am

**Happy Jacks Soft Play sessions**

contact [happyjackseastbourne@gmail.com](mailto:happyjackseastbourne@gmail.com)

DATES - 22nd June, 20th July, 21st September, 26th October, 23rd November, 14th December

## SUNDAYS

**Hellingly Church 'FREE' Messy Church afternoons** - 3.30pm-5pm

DATES - 8th September & 10th November

**\*NEW\* Calm on Sundays** @ 7pm

Meditation, Breathwork, Journaling and Healing. DATES: 23rd June, 22nd September, 27th October & 24th November 2024. To book your space email [hello@placetobepresent.com](mailto:hello@placetobepresent.com)

**The Hellingly Hub's 'book swap' Library** is open Monday – Friday 9.30am - 4pm

Pop in and swap your old books for a new one Please join our facebook page for all the latest Hub information

@ **Hellingly Community Hub**

**'BOOK' THE HELLINGLY COMMUNITY HUB FOR YOUR CHILDRENS PARTY!**



**DEPOSITS NOW ONLY £50.00 FOR CHILDRENS PARTIES!!!**



Address - Hellingly Community Hub  
The Drive, Hellingly, BN27 4EP  
Contact us on : 01323 449415 or via email on [hubbookings@hellingly-pe.org.uk](mailto:hubbookings@hellingly-pe.org.uk)



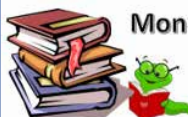
**HUB BOOK SWAP**

Come down and swap your books at The Hellingly Community Hub.

There is a wide range of books available from Childrens, Adults and Autobiography's

From 9am till 2pm

Monday to Friday



# Operation Downsway

## Sussex Police have deployed an annual targeted operation to ensure drivers are safe on the road.

Operation Downsway launched in April in East Sussex and will run every weekend through the summer months.



The aim of the operation is:

- Reducing the number of people who are killed or seriously injured on the roads of East Sussex
- Reducing the number of reported incidents of anti-social driving
- Increase public confidence in local policing through increased visibility and patrols
- Target those individuals who are prepared to drive on the roads in an anti-social or irresponsible manner.

Every weekend between April and September officers from teams across the force will take part in the dedicated operation, providing a highly visible presence on the road network in Sussex and taking enforcement action where necessary.

Using a variety of tactics including the latest technology in automatic number plate recognition (ANPR) and drones, Sussex Police aims to reduce the “fatal five” factors which lead to people being killed or seriously injured on our roads.

The “fatal five” factors are: driving at inappropriate and excess speed, drink and/or

drug-driving, not wearing a seatbelt, careless and anti-social driving, and being distracted while driving such as by using a mobile phone.

Residents are also being encouraged to alert us to road safety issues that are impacting their communities.

You can help us by filling in this survey here: [www.smartsurvey.co.uk/s/WC7VDL/](http://www.smartsurvey.co.uk/s/WC7VDL/) by telling us about what’s happening on the roads in your area, and by reporting incidents to the Operation Crackdown [www.operationcrackdown.org](http://www.operationcrackdown.org)

### WEALDEN CADETS RECOGNISED FOR THEIR WORK SUPPORTING VAWG

We are extremely proud to announce that National Crimebeat 2024 have awarded the Wealden Police Cadets a Commended Award for their project on the topic of VAWG (Violence Against Women and Girls). National Crimebeat, run by the High Sheriff’s Association of England and Wales, focuses on innovative projects tackling anti-social behaviour, crime prevention and victim support.



Last month, the cadets presented their project to the Year 11 girls at Willingdon Community School in order to raise awareness on the topic, as well as ensuring the girls knew what to do should themselves or someone they know be a victim in the future. All students were provided with an information pack including leaflets,

personal alarms, reusable bottle tops and other anti spiking tools. This session coincided with the VAWG Spiking Intensification Week, where officers all over the district were out raising awareness of the issues of spiking.

The cadets aim to visit five other secondary schools across Wealden after the Easter break, to continue supporting and educating students with all their hard work and efforts.

Find out more about the work being conducted Force Wide to tackle VAWG on our Sussex website by searching VAWG.

### **RIDE CRAFT HUB FOR MOTORCYCLISTS LAUNCHES IN TIME FOR SUMMER**

Sorry Mate I Didn't See You (SMIDSY)! It's a phrase commonly heard by motorcyclists who have come to a rapid halt when a vehicle pulls out in front of them.



These "SMIDSY" incidents are one of the leading causes of motorcycle collisions and the focus of a new campaign led by Surrey and Sussex Police as covers come off motorbikes ahead of the spring bank holidays.

Last year five riders died on the roads in Surrey and Sussex, including on busy Bank Holiday weekends, so the new campaign aims to equip motorcyclists to enjoy their holiday rides and get back to their garage safely; particularly if they've not ridden for a while over the colder months.



The new Ride Craft Hub website [www.ridecrafthub.org](http://www.ridecrafthub.org) curates tips and explainers from pro riders all aimed at helping motorcyclists be better on their bike, and to reduce harm to riders on the road. Motorcycle Officers will also be out sharing tip cards as they engage with riders over the Summer.

A guide to spotting a SMIDSY has also been provided on the hub by charity DocBike, who work to eradicate motorcycle deaths, as well as better cornering advice from Bikertek in collaboration with Motorcycle News, and a masterclass on reading the road provided by a blue light rider from Thames Valley Police.

### **SUSSEX ALERTS – POLICE EMAILS**

Did you know you can sign up to email alerts from your local Wealden Neighbourhood Policing Team?

These alerts include; justice done, crime spates, campaigns, investigation updates, witness appeals, meet us in-person events and more...

Alerts are specific to your interests and local area; from reliable sources; and you're in control of how often you are contacted and who you receive information. Visit [www.sussexalerts.co.uk](http://www.sussexalerts.co.uk) to sign up today.

### **STAY IN TOUCH WITH YOUR LOCAL TEAMS**

You can find and follow your Wealden Neighbourhood Policing Team on either Facebook or Twitter for updates on recent patrols, community meetings, good work, arrests and more...

Facebook:

[www.facebook.com/WealdenPolice](https://www.facebook.com/WealdenPolice)

X (Formerly Twitter):

[www.twitter.com/Wealden\\_Police](https://www.twitter.com/Wealden_Police)



# Fired-Up Flavours for June

**With summer beckoning, it's time to fire up the barbecue and indulge in the smoky, succulent delights of outdoor cooking.**

In this edition, we bring you four fired-up recipes perfect for your June barbecue gatherings. From juicy meats to vibrant salads and irresistible desserts, these recipes are sure to make your summer celebrations sizzle. Let's get grilling!

## BBQ MARINATED CHICKEN SKEWERS

### Ingredients

500g chicken breast, cubed  
2 tablespoons olive oil  
2 cloves garlic, minced  
2 tablespoons soy sauce  
1 tablespoon honey  
1 tablespoon tomato ketchup  
1 teaspoon smoked paprika  
1 teaspoon dried mixed herbs  
Salt and pepper, to taste  
Wooden skewers, soaked in water

### Instructions

1. In a bowl, mix together olive oil, minced garlic, soy sauce, honey, tomato ketchup, smoked paprika, dried mixed herbs, salt, and pepper to create the marinade.
2. Add the cubed chicken breast to the marinade, ensuring it is well coated. Cover and refrigerate for at least 30 minutes.
3. Preheat the barbecue grill to medium-high heat.
4. Thread the marinated chicken onto the soaked wooden skewers.
5. Grill the chicken skewers for 10-12 minutes, turning occasionally, until cooked through and charred on the edges.
6. Serve the BBQ marinated chicken skewers hot, accompanied by your favourite barbecue sauces and dips.



## GRILLED HALLOUMI AND VEGETABLE SALAD



### Ingredients

200g halloumi cheese, sliced  
1 red pepper, sliced  
1 yellow pepper, sliced  
1 courgette, sliced  
1 red onion, sliced  
2 tablespoons olive oil  
1 tablespoon balsamic vinegar  
Salt and pepper, to taste  
Mixed salad leaves  
Cherry tomatoes, halved  
Fresh basil leaves, torn

### Instructions

1. Preheat the barbecue grill to medium heat.
2. In a bowl, toss sliced peppers, courgette, and red onion with olive oil, balsamic vinegar, salt, and pepper.
3. Grill the marinated vegetables on the barbecue for 8-10 minutes, or until tender and slightly charred.
4. Grill the halloumi slices for 2-3 minutes on each side, until golden brown grill marks appear.
5. Arrange mixed salad leaves, cherry tomatoes, grilled vegetables, and halloumi on a serving platter.
6. Drizzle with any remaining marinade from the vegetables.
7. Garnish the grilled halloumi and vegetable salad with torn fresh basil leaves.
8. Serve the salad warm or at room temperature as a delicious barbecue accompaniment.

**With these recipes, your June barbecue gatherings are sure to be a hit! Gather your friends and family, fire up the grill, and enjoy the delicious flavours of summer.**



# Nusrat Ghani - MP

## Regular, reliable and affordable public transport is key to our lives in Wealden.

I have always been relentless in my work to secure more funding to deliver better infrastructure and services, and I'm proud that we've had some great successes in improving transport accessibility in Wealden over the past couple of years.

Thanks to the Department for Transport's £1.9m investment at Eridge and £4.7m refurbishment at Crowborough, both train stations are now fully step-free, accessible to all commuters, and fit for the future.

#This comes in addition to the investment of £41.4m, which enabled East Sussex County Council to deliver improvements to bus services in Wealden and across the county; the £2 single bus journey cap which has now been extended to the end of 2024; and the investment of £157,000 to expand electric vehicle charging points in car parks across Wealden district including in Forest Row, Crowborough, Uckfield, Wadhurst and Hailsham. I know from my regular surgeries and casework that potholes and

road standards are one of the biggest concerns locally.

I'm pleased that Frant, Groombridge and Uckfield will benefit from the nationwide programme of pothole repairs and road resurfacing projects, made possible by the first tranche of £8.3 billion in reallocated H52 funding which saw £52,432,000 allocated

to East Sussex County Council as part of a long-term, 11-year plan to improve local roads. These much-needed improvements will ensure smoother journeys as well as increase the safety of all road users, and I will continue to work with local authorities to ensure that Wealden continues to receive funding to improve the safety and durability of our roads.

However, I know that there is more to be done and I continue working to deliver further improvements for services in Wealden. I am always keen to hear your views, which allow me to better represent you in meetings with local authorities and putting forward a stronger case for additional resources for Wealden from national government including improving our transport network. If you'd like to share your thoughts and priorities with me, please feel free to do so online via my website at: [www.nusghani.org.uk/transportsurvey](http://www.nusghani.org.uk/transportsurvey).



**Hellingly**  
**Parish Council's**  
**FREE Parent**  
**& Baby/Toddler Group**  
**THE HELLIHUBS**  
Hellingly Community Hub  
The Drive, Hellingly, BN27 4EP  
MONDAYS - 8:30am - 10am  
On every week (except Bank Holidays)  
For further information please contact Sue on [hellinglycommunityclubs@hellingly-pc.org.uk](mailto:hellinglycommunityclubs@hellingly-pc.org.uk) or call us 01323 449415.  
NO BOOKING REQUIRED – JUST COME ALONG 😊

# Hellingly Grounds Report

**At last, Spring/Summer is approaching, with lighter evenings and sunshine for you to visit our lovely open spaces and play areas within the Parish.**

Within the Country Park we have the Cricket Pavilion and Pitch used by Hailsham Cricket Club, where you can relax and watch the games on match days. We have two ponds, and providing you have a licence, fishing is allowed in the top pond. We also have play areas for all ages and a MUGA (Multi-Use Games Area) for ball games. We work hard keeping the Country Park looking smart and safe.



A new pathway has been installed to the bins near the ponds, thank you Adrian for making this area look good. Our Geese are back, they have nested and now we have the cutest, fluffiest little goslings along with four Coote chicks. We are planning to pollard an extremely large Beech tree just off Chichester Road, this is due to numerous significant defects including major limb failure, resulting in a suspended branch. This area will be closed when the Tree Surgeons are working so, please avoid the area and follow the diversions.



## **HELLINGLY COMMUNITY HUB GROUNDS**

has a play area for our younger residents along with benches for picnics. When the

Community Hub is open the toilets may be used. The beds are being kept weeded with extra shrubs being added to fill holes in the planting. The fence is also being repaired once again, please can we ask that adults and children walk around the fence and use the gate, this will keep the fence in good condition and hopefully will not be needed to be repaired again.



**LOWER HORSEBRIDGE RECREATION GROUND** is home to Hellingly Bowls Club, Hellingly Cricket Club, Hellingly Rugby

Club and Hellingly Hound Dogs American Football Club. There is an enclosed play area for the children to play in a safe space and a large open space to run and play, when the sports clubs are not using the grounds. We are in the early process of extending the facilities here, a temporary track will be installed soon to allow parking on the newly acquired land for this season, which will help the parking congestion considerably.



let me know please email me at [deputyclerk@hellingly-pc.ork.uk](mailto:deputyclerk@hellingly-pc.ork.uk).

All our Play Areas are inspected, annually by RoSPA, in addition to this, I inspect them quarterly (as I am a qualified Outdoor Operational RoSPA Inspector), and daily by the Grounds Team.

The public space at Burfield Grange has not been legally handed over to us from the developers as there have been a few issues, however these are being dealt with.

Please enjoy our wonderful facilities spending time outside with the family and children.

**Tracy Dean**, Deputy Clerk



**LOWER DICKER SPEEDWAY RECREATION GROUND** is home to The Lions Speedway Club, there is a small play area here along with a speedway

track where the oldest Cycle Speedway Team in the country race. The Council are in the very early stages of possibly renewing the play equipment at this site, we would like to know who uses this play park and what are the ages of the children, so if you would like to



# Girlguiding in Hailsham and Hellingly

## Girlguiding Hailsham District expands across units in Hellingly and Hailsham.



We provide a space for girls aged 4-18 with our youngest members in Rainbows for 4-7 year olds and more energetic Brownies aged 7-10. Imaginative girls join Guides at aged 10 and can

progress to Rangers at ages 14-18. We're proud to have over 100 girls in Hailsham district as of 28th April 2024. We offer a space where girls can do anything, they can be themselves, get creative, explore, and most of all have fun. Our girls can choose their own path through our activities and events, it might be giggles and bedtime stories in sleeping bags, the genuine excitement of getting a new badge, trying water sports for the first time, achieving a climb to the top of Jacobs Ladder or cooking a three course meal over an open fire.

Our volunteers make it all possible. They make Girlguiding happen by giving their time, talents, enthusiasm, and inspiration to our girls. With our numbers in growth and a summer packed full with events, it's an exciting time to join us as a volunteer to help grow the number of spaces available to girls. Every volunteer who supports at a unit meeting, means at least 5 more girls are able to develop and grow with Girlguiding. Your support, in any capacity could enable us to take on the girls from our waiting lists.

### Who can volunteer?

Everyone, not just women! There's no requirement to be involved in Girlguiding before, and we've got lots of opportunities to suit you. Girlguiding can be flexible or a regular commitment.

Looking for a volunteering role and aged 14-18? You could become a Young Leader. This role is hands on with girls in our younger three sections. Our Young Leaders develop skills in leadership, communications, team working and gain qualification – all of which make impressive additions to any CV and job/uni applications.

### Why volunteer?

Being a Girlguiding volunteer means that you can help create amazing opportunities for girls in the Hailsham area and beyond. Volunteering with Girlguiding isn't just about campfires and helping girls get their next badge – although we know these are special moments for the girls! It's about empowering girls and giving them new experiences. It's helping girls realise their own potential. You can develop your skills, all whilst enjoying yourself, belonging to a bigger network of people, making lifelong friendships and creating your own experiences along the way.

### How can I help?

- If you want to be hands-on with the girls we have a young leader, unit helper or a leader role.
- You can share our social media posts, (find us on Facebook, Girlguiding Hailsham District) this will help us spread the word.
- Become a friend of Bullriver (Our local campsite)
- If you have DIY/trade skills we have a local campsite you can help us with.
- Help us with one of our appeals for items to help with fundraising.
- If you are happy to help us in a supporting role, we have roles like a treasurer, secretary or fundraiser.

If you have any questions please contact [Girlguidinghailshamdistrict@gmail.com](mailto:Girlguidinghailshamdistrict@gmail.com) or register for a role [www.girlguiding.org.uk/get-involved](http://www.girlguiding.org.uk/get-involved)





Meet **Laura Mitchell** from our Hailsham office.

Whether you're thinking of writing a will, need to update your existing will or simply want some advice, Laura can help.

**HART READE**  
Solicitors

[www.hartreade.co.uk](http://www.hartreade.co.uk)

[lmitchell@hartreade.co.uk](mailto:lmitchell@hartreade.co.uk)

01323 841 481

# Places where kids eat free

## Places that Kids can eat free...

### **Brewers Fayre 'free' kids breakfast**

Start the day the right way with our unlimited breakfast! Choose from a full English with freshly cooked eggs just the way you like them, sizzling bacon rashers, succulent sausages, beans and crunchy hash browns. We also have a wide range of continental breakfast options available too. And don't forget kids eat free!

### **PAUSA CAFÉ AT DUNELM**

All day, every day: enjoy a free mini meal deal with every £4 spent in the café

**FREE KIDS' MEAL WHEN YOU SPEND £4**

No code is required, the promotion is automatically applied to the bill. This offer is available in all Pausa Cafés across the UK every day of the week, from opening until café's close.

The 'freekids' meal includes a main as well as two snacks and a drink. This would usually cost up to £5.25.

The £4 spend must be made in the Pausa Café (not Dumelm) and the deal applies to the entire kids' menu. One child can eat for free with every £4 spent, so if you spend £8 then two children can claim a free meal.

### **TABLE TABLE 'FREE KIDS' BREAKFAST**

KIDS EAT FREE! Not only is our All-You-Can-Eat buffet breakfast great value at £10.99 but two kids under 16 eat for FREE with every adult breakfast purchased so you can fuel up the whole family for less, ready to start the day!

### **MORRISONS CAFÉ KIDS EAT 'FREE'**

From 3 pm onwards every day, your child can eat for free when you purchase an adult meal for over £4.50. You can either pick a free meal from the Café kids menu or a chilled kids snack pack. The kid's meal includes a piece of fruit and Tropicana Kids Orange or Apple drink or bottle of water.

### **ASDA CAFES KIDS EAT FOR £1**

No minimum spend required. Kids aged 16 or under can eat for £1 when dining in at any Asa café. There's no minimum spend or purchase required, and this deal is valid all day, seven days a week.

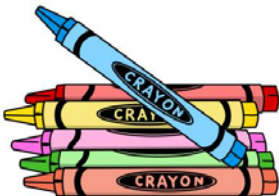
There is a maximum of one meal per child, per day. The kids' menu includes dishes such as fish fingers, all-day breakfast and chicken nuggets which would normally cost £3.20. Kids can choose from either a hot or cold meal, and now all meals come with a piece of fruit.



# School Sudoku

Fill in the grid with numbers 1 to 9 making sure no number is repeated in every row, every column and within each mini grid.

1	6		8		2	7		5
	9	4	6				2	
				1		3		
	1	8	2				3	
	5	7		6	4		8	1
	4		1					
	3			7				9
		5	9				1	
9	2		5		1	8		4



# HELLINGLY PARISH COUNCIL'S



## SUMMER FAMILY ACTIVITY DAY



**WEDNESDAY 7TH AUGUST  
10AM - 2PM**

**LOWER HORSEBRIDGE RECREATION GROUND  
HELLINGLY BN27 4DL**

**ARK ANIMALS ENCOUNTERS  
(£2 PER TICKET CASH ON THE DAY)**

**EAST SUSSEX  
FIRE &  
RESCUE**

**HELLINGLY RUGBY**

**YOUTH HUB**

**RNLI**

**RHYMETIME**

**KARATE**

**REFRESHMENTS**

**PLUS MORE.....**

**WEATHER PERMITTING  
IF RAIN IS FORECAST PLEASE CHECK OUR FACEBOOK PAGE  
OR CALL**

**01323 449415 OR EMAIL  
SUE@COMMUNITYCLUBS-PC.ORG.UK  
FOR MORE INFO**



# HELLINGLY PARISH COUNCIL'S



## FAMILY ACTIVITY DAY



**WEDNESDAY 21ST AUGUST  
10AM - 2PM**

**LOWER HORSEBRIDGE RECREATION GROUND  
HELLINGLY BN27 4DL**



**WILD SCIENCE ACTIVITIES  
(£2 PER TICKET CASH ON THE DAY)**



**REFRESHMENTS**

**FACE PAINTING**

**LOCAL SPORTS GROUPS**

**HELLINGLY RUGBY**

**KARATE**

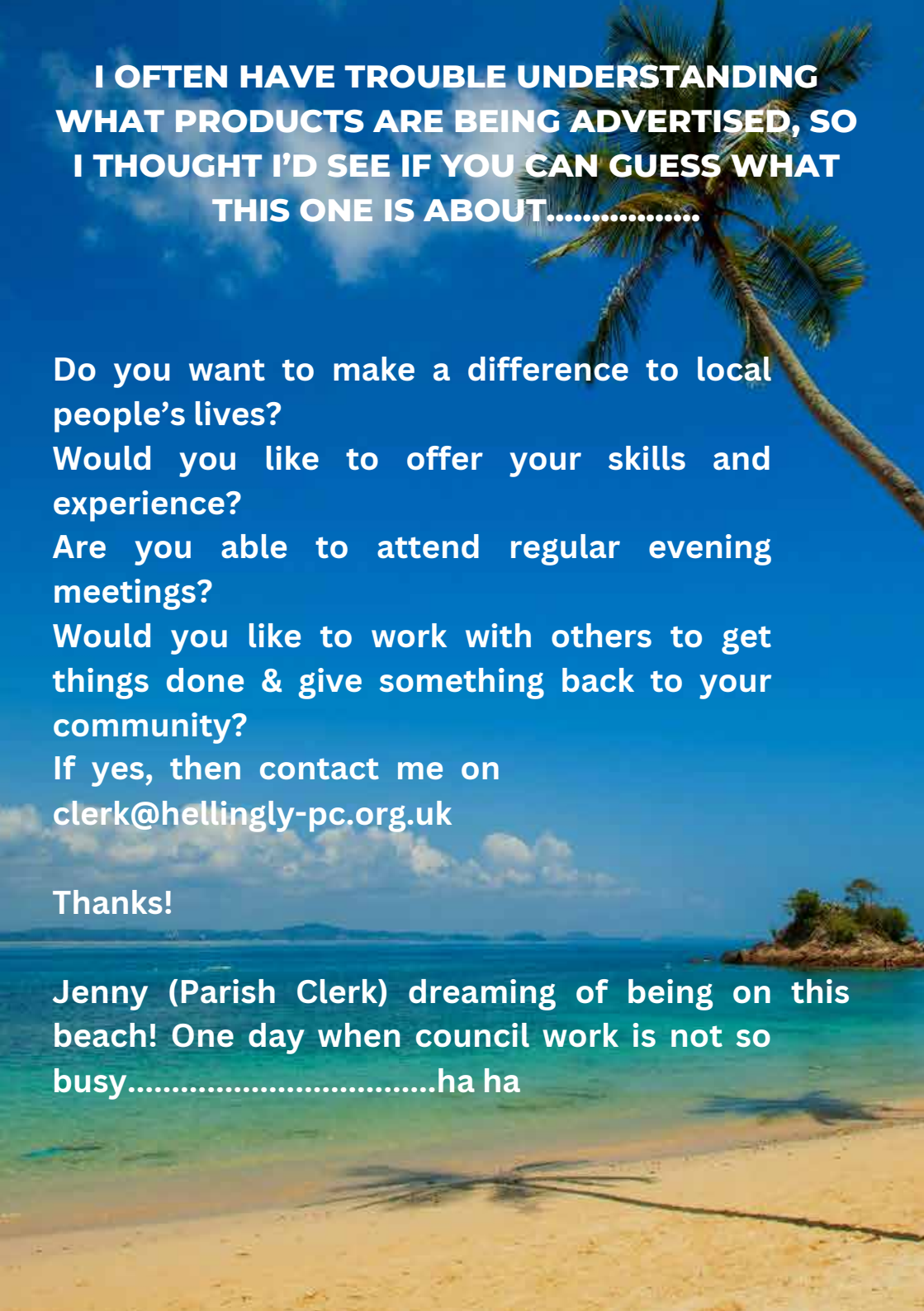
**FUN & GAMES**

**PLUS MORE**

**WEATHER PERMITTING  
IF RAIN IS FORECAST PLEASE CHECK OUR FACEBOOK PAGE  
OR CALL**

**01323 449415 OR E-MAIL  
SUE@COMMUNITYCLUBS-PC.ORG.UK  
FOR MORE INFO**





**I OFTEN HAVE TROUBLE UNDERSTANDING  
WHAT PRODUCTS ARE BEING ADVERTISED, SO  
I THOUGHT I'D SEE IF YOU CAN GUESS WHAT  
THIS ONE IS ABOUT.....**

**Do you want to make a difference to local  
people's lives?**

**Would you like to offer your skills and  
experience?**

**Are you able to attend regular evening  
meetings?**

**Would you like to work with others to get  
things done & give something back to your  
community?**

**If yes, then contact me on  
[clerk@hellingly-pc.org.uk](mailto:clerk@hellingly-pc.org.uk)**

**Thanks!**

**Jenny (Parish Clerk) dreaming of being on this  
beach! One day when council work is not so  
busy.....ha ha**



## Looking for a venue?



The Hellingly Community Hub has a large main hall and two smaller meeting rooms available to hire and provides an ideal venue for any occasion.

**Children's parties – Wakes – Business Meetings –  
Training Courses – Exercise Classes – Fundraising Events  
Quiz Nights and much much more**



## Why our venue?

- Out of town venue with lots of parking
- Very competitive prices
- Free Wi-Fi
- Use of projector, sound system & flip chart on request
- Fully equipped kitchen
- Wheelchair accessible and baby changing facilities
- Electric car charging points

To book or to find out more information, please email us at **hubbookings@hellingly-pc.org.uk** or call us on **01323 449415**, or visit our website **www.hellingly-pc.org.uk** and complete an online booking request form and we will get back to you with further details.  
The Drive, Hellingly, East Sussex BN27 4EP

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# HELLINGLY HOMES



Find out about our  
**Hellingly Selling Service**

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RIGHTMOVE'S NO.1 LOCAL ESTATE AGENT

Multi award winners 2018-2024

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East Sussex BN27 1DP

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